Tuesday, May 20, 2014

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## CRONENBERG UP FOR A PALME D'OR?

HIS FILM, MAPS TO THE STARS, HAS CRITICS GUESSING IF IT COULD PRODUCE THE TOP PRIZE AT CANNES PAGE 28

## Restaurant chains out west set up shop in T.O.

Calgary-based Moxie's one of several eateries now located in downtown PAGE 4

## 'Waterfront should be for all to enjoy'

No condos on former Ontario Place site if Liberals win provincial election, Wynne says PAGE 5

## Syria's death toll climbs past 160,000, group finds

Britain-based organization documents number of people killed in the conflict PAGE 10

NEWS WORTH SHARING.

## HAPPY ENDING FOR BAMBI

**A deer is carried across the highway by Toronto Zoo veterinarians and police on Monday. The animal caused major havoc on the Gardiner Expressway, forcing the closure of the westbound lanes. The deer was eventually taken away safely by the zoo officials after being tranquilized. See story, page 3.**

COLIN MCCONNELL/TORSTAR NEWS SERVICE

# What's lurking in your tap water?

**Lead.** New city analysis pinpoints neighbourhoods with high levels of dangerous metal

Thirteen per cent of household water tests conducted in Toronto over the past six years showed unsafe levels of lead, according to city data obtained by Torstar News Service.

The data, drawn from the 15,000 samples, was collected by Torontonians from their water taps and submitted to the city for analysis between 2008 and 2014.

This first ever detailed analysis of the test results by neighbourhood places the vast majority of failures in aging residential areas of the city where infrastructure is old and real estate values are typically high.

Lead in tap water comes from one of two sources: aging pipes on city property or aging service pipes on homeowner's side of the property line.

The largest concentration of dangerously high lead levels are in High Park, the Lawrence Park neighbourhood centred on Lawrence Avenue and Yonge Street, the downtown south Annex and sections of East York.

"We've sat on our hands since 2008 when we knew the health impacts of lead in water," says Coun. Janet Davis (Ward 31, Beaches-East York), whose ward has a failure rate of 16 per cent in more than 1,000 tests. "That's unacceptable."

An estimated 40,000 houses in Toronto still have lead pipe water service from the city. But even that is a guess, say city officials.

While failed tests prompted the city to replace lead pipes when the program began in 2008, it has since stepped back from that and now relies on homeowners to initiate pipe replacement by committing to upgrade the pipes on their property before the city does its portion of the water line.

The tests results, obtained under freedom of information, show maximum acceptable lead concentrations — 10 parts per billion — were exceeded, sometimes dramatically, more than 2,000 times.

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**Exposure to the element**

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# Trading privacy for safety?

**Toronto Community Housing.** Task force report, if accepted, could give police remote access to live or recorded images from cameras on housing sites

A task force report on improving safety for Toronto Community Housing residents advocates giving police easier access to images from security cameras — but some residents worry that it could intrude on their privacy.

The task force report was presented last week to the Toronto police services board. If accepted by the housing company, police could get remote access for investigative purposes to live or recorded images from cameras on housing sites.

Currently, police request access to recorded images when investigating criminal activities. However, the idea of permitting easier access doesn't sit well with some of the 160,000 residents of TCH, Canada's largest landlord, which has some 3,000 cameras installed in its vast portfolio of 22,000 buildings.

Victor Sousa, a 38-year resident of Alexandra Park, said granting easy access to footage could lead to tensions between residents and police.

"I wouldn't allow it," Sousa said. "It's not right. It gives the police an opportunity to know everything about us ... I'm not a criminal, but I don't want the police to know what's going on with me."

Ontario's Privacy Commissioner Ann Cavoukian sounded the alarm over the initiative.

Cavoukian brokered a deal that gave police remote access to Toronto Transit Commission camera images but she said this case is different because the cameras are near people's homes.

"There's a substantial difference between cameras on subway platforms and cameras around personal residences of Torontonians," she said.

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**Unfettered access?**

**"I don't see why the police shouldn't have to say why they need it. It shouldn't be immediate access."**

**Savannah Lavalle, 16,** adding police need to realize security cameras are set up close to people's homes

**Dangerous goods?**

## Calls for tighter safety rules near T.O. railroad tracks

City officials are seeking tighter safety rules for development near railroad tracks that carry thousands of cars loaded with dangerous goods through Toronto.

The planners who mull applications to build hundreds of residential units along the Canadian Pacific rail line, which runs along Dupont St., have little data about what moves along those tracks; that information is secret. But a recently released consultants' report recommended a number of safety measures for new developments. New federal rules now require industry to provide emergency responders with historical data on what's been transported through a municipality. But that information, meant to assist in planning for disaster, can't be shared with other city departments. "Our planners need this information," said Coun. Josh Matlow.

TORSTAR NEWS SERVICE

A deer caused major havoc on the Gardiner Expressway Monday before experts from Toronto Zoo were called in to tranquilize it and take it away. TORSTAR NEWS SERVICE

# Dear oh deer, this commute is hell

Traffic on the Gardiner was stalled Monday afternoon, but for a change the source wasn't congestion. A female deer, which had wandered onto the roadway, closed one of the city's major arteries for around two hours.

The deer was spotted darting across the road earlier in the day, but eventually grew tired and settled down near a noise barrier on the northside of the Gardiner's westbound lanes. A veterinarian from the Toronto Zoo was called to tranquilize the animal so that she could be transported to a safe location.

Nicola Ware, an animal care and control officer with Toronto Animal Services, said the outcome of this potentially dangerous situation was ideal.

"There have been instances where we haven't had the desired outcome," she said. "In the past, we have had deer that have been spooked in residential or industrial areas that have gone through plate glass windows or run into traffic."

In this case the deer was easily tranquilized and she didn't bolt. "She would have been very panicked and probably did exhaust herself," Ware said. "And she managed to stay put until the veterinarian arrived."

The deer will have to be monitored while the sedation wears off. She'll then be relocated to Rouge Valley.

Though no hard numbers on the population exist, estimates say there are hundreds of deer in downtown Toronto, according to Nathalie Karvonen, executive director of the Toronto Wildlife Centre (TWC). They live largely in Toronto's ravine systems, but sometimes stray into more populated areas, though a road as busy as the Gardiner is less common.

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# Mass bird deaths. Glass buildings still a problem in GTA, but progress made

For years the thousands of birds killed by smashing into glass buildings in the GTA have made headlines around the world. But what you might not know is that almost 40 per cent of the birds that collide with these buildings survive, says Michael Mesure, executive director of the Fatal Light Awareness Program (FLAP), a Toronto-based non-profit.

FLAP volunteers find injured birds and transport them to the Toronto Wildlife Centre for treatment — many have broken beaks or fractured wings.

The birds that survive are the lucky ones. Around one to 10 million birds collide with buildings in the GTA each year, according to FLAP statistics.

Nathalie Karvonen of the Toronto Wildlife Centre is discouraged by the new glass buildings being constructed.

But Jane Welsh, a project manager in city planning, says the Toronto Green Standard requires any buildings going through the planning process to have specific bird collision deterrent measures, though the program was only around since 2010. "It's all about making the glass visible to birds so they see it as a solid," Welsh said.

TORSTAR NEWS SERVICE

A display of 1,700 dead migratory birds is photographed at the old entrance to the ROM for FLAP Canada in March. CHRIS SO/TORSTAR NEWS SERVICE FILE

Policing

## Two-tiered system may be in city's future

Former British Columbia police-officer-turned-criminologist Rick Parent says policing costs are unsustainable and a two-tiered system is inevitable.

"That's where policing is going," says Parent."There are different duties within policing that probably don't require this ... highly trained, highly equipped, highly armed police officer. In fact, you don't need a gun to do a lot of police duties," he said. This model could mean lower salaries for certain duties.

This month, the issue of off-duty Toronto Police Service officers earning $26.1 million last year in paid-duty policing assignments blew up at the civilian oversight board's monthly meeting.

TORSTAR NEWS SERVICE

# The West finds a home in Hogtown restaurants

**'Not the place with stemware and white table cloths.'** Western Canadian chains are making their way to T.O.

Alex Parasidis, executive manager for Moxie's, at their new location in downtown Toronto at the corner of University Avenue and Wellington Street W. RANDY RISLING/TORSTAR NEWS SERVICE

Calgary resident Laurids Skaarup laughs when he hears Torontonians complain about what seemed like a never-ending winter.

"Well, we had snow in Calgary a week ago," he notes in an interview last week.

But the brutal weather definitely had an upside for his job as president of the Moxie's Grill & Bar restaurant chain, which opened its first downtown Toronto location in the financial district last fall.

Thanks to business people with expense accounts and condo dwellers seeking escape from the harsh climate and their small digs, the location has become one of the busiest in the 64-restaurant chain that includes 21 Moxie's in Ontario, Skaarup says.

The Calgary-based company is one of several western Canadian restaurant chains that has set up shop in the heart of Toronto, where Skaarup and Vancouver-born competitors Earls, Joeys, Cactus Club and Milestones have identified a gap in the "premium casual" dining market.

"Premium casual is a western Canada phenomenon that speaks to the increasingly sophisticated palate of Canadians," says Skaarup.

While some Toronto connoisseurs might have turned up their noses at the idea of eating at a chain establishment in the past, the influx of west-coast restaurants with upscale menus and attentive customer service in a casual environment is finding a happy home in Hogtown.

"We're not the place with stemware and white table cloths, and we don't pretend to be," Skaarup says.

"I think people are moving from fine dining to fine eating, and it's just as terrific a concept in Toronto as it is in the west," he notes.

Observers say Toronto and its suburbs have been well-served for many years by casual restaurant/bar chains such as Casey's, Kelsey's, Jack Astor's and Boston Pizza, and of course Toronto also caters to the luxury end of the dining scale with the likes of Splendido and Harbour Sixty.

But there was a lot of room left in between for an upscale concept at mid-range prices that appeals to the urban crowd, says Robert Carter, executive director of food service at NPD Group Canada.

"Toronto and Ontario were really ripe for this. They're touching on all the trends by putting a high focus on food quality, innovative menus, comfort and over-the-top customer service," he says.

"These aren't family restaurant chains; it's for the adult crowd," he notes.

Menu items — like pineapple-braised hoisin short ribs, Kobe beef meatball fettuccine and grilled tuna club — are elevated beyond pub grub and are constantly changed to appeal to local tastes.

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# No condos at Ontario Place, Wynne vows

**'Waterfront should be for all to enjoy.'**
Premier says Liberals would create 'urban park' on shuttered site if re-elected June 12

No condos would be built on the former Ontario Place site on Toronto's picturesque lakeshore if the Liberals win the provincial election, Premier Kathleen Wynne said Monday.

The Liberal vision for revitalizing the shuttered amusement park site includes an "urban park," a waterfront trail, a year-round music venue and an unspecified "cultural attraction," she said.

"We believe that our waterfront should be for all to enjoy," Wynne said from the site in NDP territory, flanked by a team of Toronto Liberal candidates.

The redeveloped site would include bike and walking trails, an urban park completed in time for the 2015 Pan Am and Parapan Am Games, a waterfront canal district with stores and restaurants and a repurposed Cinesphere, which was the world's first permanent IMAX theatre, she said.

The Liberals pledged $100 million for the pre-development phase of the project.

The province closed most of Ontario Place in February 2012 to help trim a $15-billion deficit, saying it couldn't afford to keep the park open. It was costing the Ontario government about $20 million a year and attendance had dropped from 2.5 million when it opened in 1971 to about 300,000 a year. THE CANADIAN PRESS

Premier Kathleen Wynne stands with partner Jane Rounthwaite as they look at the waterfront from Ontario Place on Monday. CHRIS YOUNG/THE CANADIAN PRESS

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# Hudak touts plan to cut red tape for small businesses, create jobs

The Ontario government needs to "get off the backs" of small businesses so that over-regulated employers can focus on creating more jobs, Progressive Conservative Leader Tim Hudak said Monday.

Hudak touted his plans to cut red tape at a custom cabinetry business in Mississauga, Ont., saying a Tory government would remove irksome rules like ones that prohibit competitive bids on government construction projects and end the government monopoly on providing workplace insurance to employers.

"The biggest tax break we can give small business? Get off their backs, get out of the way and let them focus on selling more products and hiring more people," Hudak said in a carpentry workshop.

"We're going to drain that swamp of regulation and hassle and run-around."

Tim Hudak
THE CANADIAN PRESS

The PC pledge to reduce the "regulatory burden" on small business by at least a third over three years will trigger the creation of 84,000 new jobs over eight years, Hudak said.

It's part of his party's grand plan to create about 500,000 additional jobs over eight years while also slaying Ontario's $12.5-billion deficit by 2016-17 — a year ahead of the Liberals.

To reach that goal, Hudak has said he'd slash government program spending by six per cent over four years, including cutting 100,000 public-sector jobs. THE CANADIAN PRESS

**Jobs, northern Ontario**

## NDP pushes for additional leaders' debates

Provincial party leaders could face off in two additional debates if NDP Leader Andrea Horwath has her way.

She's again pushing her rivals for a debate on jobs and the economy, saying they're a priority for Ontarians in the June 12 election and deserve to be in the spotlight.

"One of the things I'm concerned about is that we're not focusing enough on that in this campaign," she said Monday during a campaign stop at a north Toronto bakery.

She had previously challenged her opponents to five debates, including one on northern Ontario issues.

The Liberals have agreed to take part in the northern debate, which is planned for May 26 in Thunder Bay.

The Progressive Conservatives haven't said whether they'll show up, on top of participating in the scheduled leaders' debate on June 3. THE CANADIAN PRESS

## Liberal party. Trudeau stands firm on pro-choice position

Liberal Leader Justin Trudeau says he is following his father's example when it comes to his position on election candidates and abortion.

In an email to supporters Monday, Trudeau offered a "personal reflection" to anyone who has concerns about his decision to turn away new candidates who are unwilling to vote pro-choice on relevant Liberal legislation.

"I had an extraordinary example in a father who had deeply, deeply held personal views that were informed by the fact that he went to church every Sunday, read the Bible regularly to us, and raised us very religiously, as Catholics," Trudeau wrote. "But at the same time my father had no problem legalizing divorce, decriminalizing homosexuality, and moving in ways that recognized the basic rights of the people."

Justin Trudeau THE CANADIAN PRESS

Trudeau says he shares his father's view of leadership in that regard.

"Canadians of all views are welcome within the Liberal Party of Canada. But under my leadership, incoming Liberal MPs will always vote in favour of a woman's fundamental rights," he wrote. THE CANADIAN PRESS

**Committed to the Charter**

Toronto's Roman Catholic archbishop, Cardinal Thomas Collins, has written to Trudeau, urging him to allow candidates to be faithful to their conscience. Trudeau says while he welcomes input from the prelate, his party is committed to the values laid out in the Charter of Rights and Freedoms.

# Program for mothers in prison remains in limbo

A correctional officer directs family members of inmates to the recreation yard of the Folsom Women's Facility in California. In Canada, children under age four are allowed to stay with eligible inmate mothers. RICH PEDRONCELLI/ THE ASSOCIATED PRESS

### Confusion. Program that allows for children to stay with inmate mothers is rarely used

Canada is set to complete an expansion of women's prisons this month with new rooms designed to accommodate mothers and their babies or young children.

But there's little indication the units will mean more participants in the federal government's mother-child prison program, which is rarely used even though it remains an official policy.

"It's very unclear," said Howard Sapers, Canada's ombudsman for federal prisons.

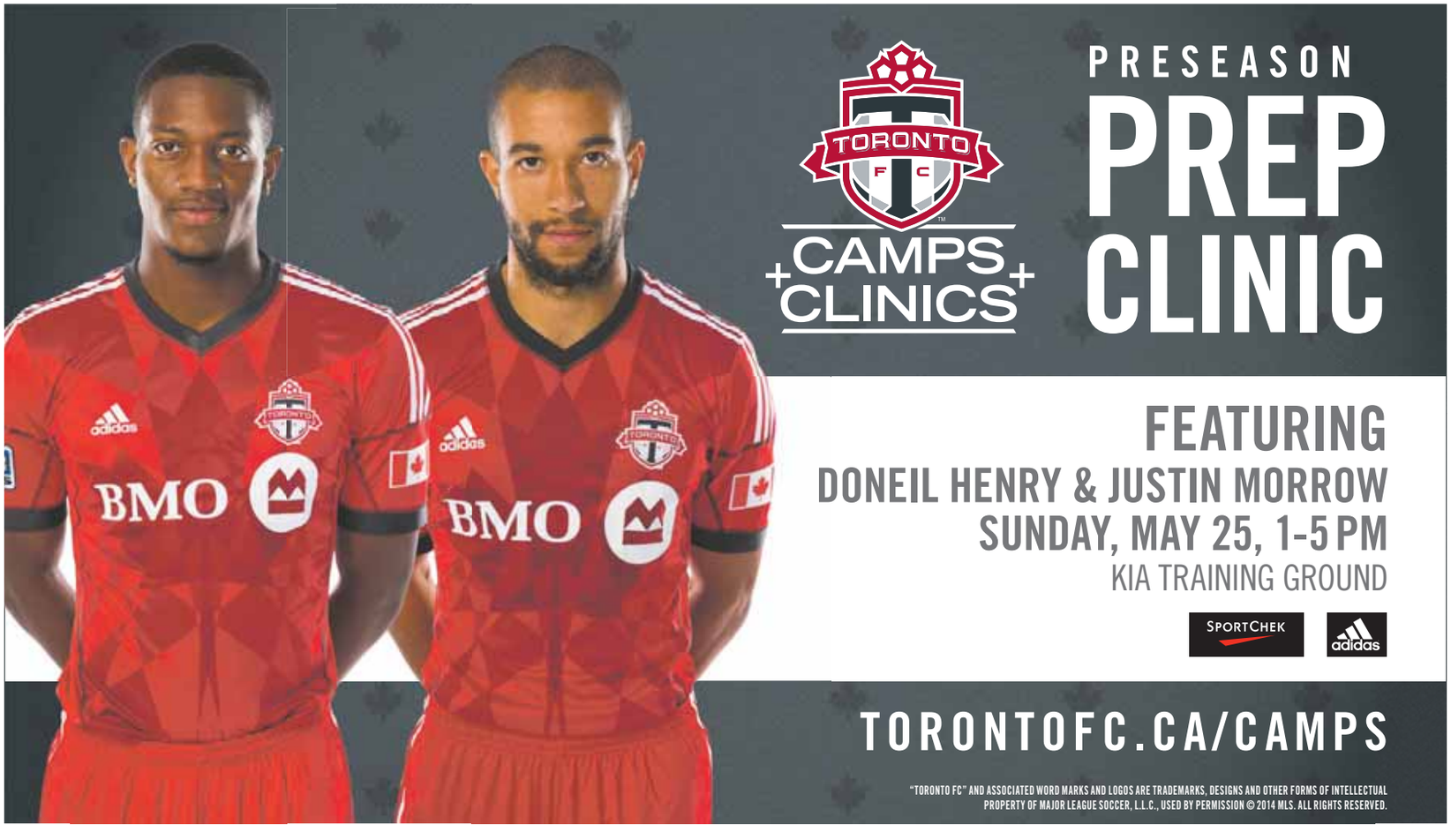
Since 2008, only 14 children have participated at the federal level, with eight of them on a full-time basis. At the moment there are two part-time participants, Sapers said.

Under the program, children under age four are allowed to stay with eligible inmate mothers inside the prison. Children under six are allowed on a part-time basis.

Advocates for the mother-child program argue it can lead to positive outcomes for both the woman and the child, including fewer inmates committing new crimes after their release.

Some victim groups, on the other hand, have argued it grants incarcerated women a privilege they don't deserve.

Correctional Service Canada is adding a total of 114 minimum security beds in May to institutions in Nova Scotia, Ontario, Alberta, and British Columbia. There will be 15 new adjoining rooms off the side from the main prison area, set aside for mothers and their children, CSC spokeswoman Chantal Guerette said in an email. THE CANADIAN PRESS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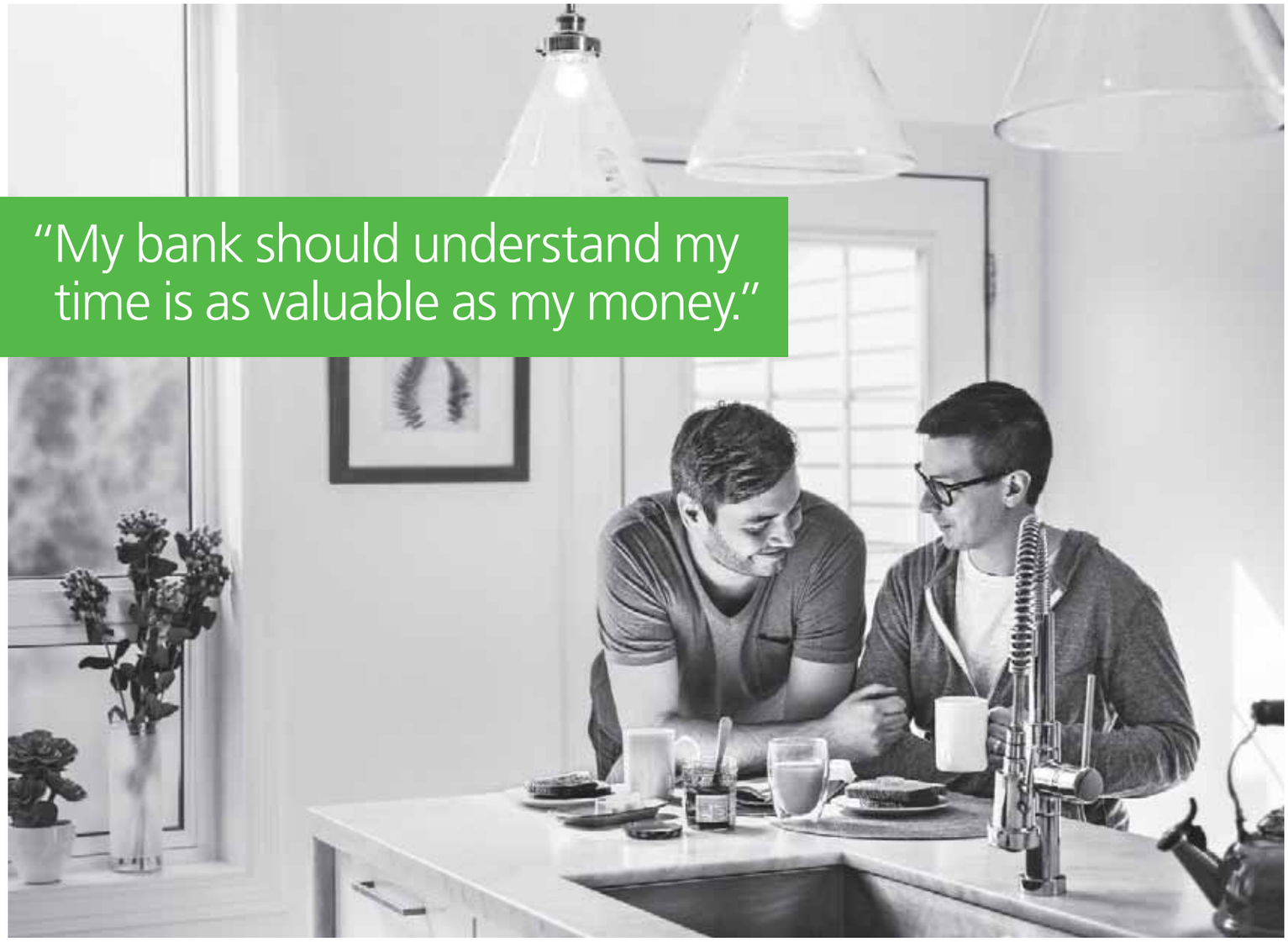


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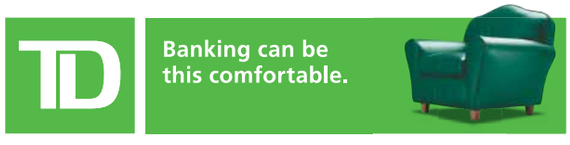


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Highway 16 near Prince George, B.C., is pictured in this 2012 photo. INSET: Lana Derrick is shown in an RCMP handout.
JONATHAN HAYWARD/THE CANADIAN PRESS; INSET: THE CANADIAN PRESS/RCMP

# 2006 report could help with Hwy. 16

**'Highway of Tears.'**
A series of murders and disappearances of women along 800 kilometres of the route remain unsolved

Sally Gibson has been waiting nearly two decades for answers about what became of her niece, a 19-year-old forestry student from a small First Nation in northern British Columbia who vanished along the Highway of Tears.

There's the official story: Lana Derrick was out with some friends and at some point ended up in a car with two unidentified men, with whom she was last seen at a gas station along Highway 16 near Terrace in the morning of Oct. 7, 1995.

But that's just one of the many theories, rumours and guesses Gibson and her relatives have heard over the years, a painful reminder that no one — not the family, not the police — has any idea about what happened.

"We have heard so many different stories and have been told so many different things that we don't even know," said Gibson from her home in Gitanyow, the First Nations reserve where Derrick grew up.

"It isn't like Lana died and we went and buried her and the pain will go away. She totally disappeared. That's an open wound."

Derrick's disappearance brought her family into a community of loss and despair, joining the relatives of at least 18 women and girls who disappeared or were murdered along Highway 16 and two adjacent highways.

There are the yearly walks, the memorial ceremonies, and the shared frustration that the provincial government has yet to act on dozens of recommendations to protect vulnerable women in B.C.'s north.

First Nations groups and municipal officials say the province should have acted years ago using a blueprint it already has: A 2006 report with 33 recommendations to improve transportation, discourage hitchhiking, and prevent violence against aboriginal women and girls.

That report was endorsed by a public inquiry report released in December 2012, which called for urgent action. The report was crafted by several First Nations groups after the Highway of Tears Symposium. Its first recommendation was a shuttle bus network along more than 700 kilometres of Highway 16 that runs from Prince Rupert to Prince George.

Other recommendations included education for aboriginal youth, improved health and social services in remote communities, counselling and mental health teams made up of aboriginal workers, more comprehensive victims' services, and funds to pay for it all.

Wendy Kellas, who works on the Highway of Tears issue for Carrier Sekani Family Services, wants provincial funding to examine whether any of the recommendations need to be updated.

Still, she said most of the 2006 recommendations remain relevant, including the need for better services for aboriginal women, and also for the families of the murdered and missing.

Justice Minister Suzanne Anton insists the highway is safe, pointing out that transportation options include a health shuttle for medical patients and Greyhound bus service, which was cut last year.

THE CANADIAN PRESS

**Investigation**

**The 18 women and girls, whose deaths and disappearances are part of the RCMP's investigation, ranged in age from 12 to 25.**

- The first to disappear was Gloria Moody from the Williams Lake area, who was found dead in October 1969.
- While official sources list the number of victims at 18, aboriginal leaders estimate the number could be as high as 43.
- Most victims were either found or last seen near the 800 km section of Highway 16 between Prince George and Prince Rupert in B.C.

# Premiers asked to look at '60s Scoop adoptions

Canada's aboriginal affairs ministers are asking the country's premiers to look at compensation, counselling and repatriation for thousands of aboriginal children adopted into white families during the so-called '60s Scoop.

The ministers met recently in Winnipeg and recommended that premiers set up a group to study the issue. The premiers are to meet in August in Prince Edward Island.

Manitoba Aboriginal Affairs Minister Eric Robinson said it's time for a national discussion about the thousands of aboriginal children who were taken from their communities and raised in non-native households from the 1960s to the 1980s.

"It's an issue that's long gone unnoticed," he said. "Nobody talks about it. This is one of those issues that doesn't require a hell of a lot of thinking."

"In my case, at least I had other Indian boys and other Indian kids my age to be around," Robinson said. "In the case of these kids who were adopted out, they had nobody. They were a brown face among a mass of white faces either in the United States or in foreign lands."

For Coleen Rajotte, a premiers working group would be a start. The filmmaker was taken from her Cree community in Saskatchewan when she was three months old and raised by a Manitoba family. She was lucky to be placed with a loving family, she said, but many ended up in abusive homes.

Prince Edward Island Premier Robert Ghiz, who will chair the August meeting, is also his province's aboriginal affairs minister.

"We're really not in a position to speak to this," spokesman Guy Gallant said in an email. THE CANADIAN PRESS

**Time to talk**

**"It's common sense. It's common decency that we begin addressing this."**

**Manitoba's Aboriginal Affairs Minister Eric Robinson**
He said it's time for a national discussion about the thousands of aboriginal children who were taken from their communities from the 1960s to the 1980s.

**'60s Scoop**

- It's estimated that up to 20,000 aboriginal children were taken from their homes by child welfare services and placed with non-aboriginal families. Many consider the adoptions an extension of residential schools, which aimed to "take the Indian out of the child."
- Adoptees from the '60s Scoop have said their time for reconciliation has come and they want an apology from the feds. Aboriginal ministers recommended recently that premiers study the issue.

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# Reports: Mine officials ignored warning signs

Nearly 2,000 university students, some wearing miners' hard hats, called on the government to resign as they marched to commemorate the beginning of the Turkish War of Independence in Ankara. BURHAN OZBILICI/THE ASSOCIATED PRESS

**High gas levels.** Five people face charges in the disaster that killed more than 300

Sensors noted high levels of toxic gas inside a coal mine days before the disaster that killed 301 workers in Turkey, but company officials took no action, Turkish news reports said Monday.

Prosecutors, meanwhile, formally arrested two more people for the devastating mine fire in the western town of Soma, raising the number of suspects facing charges of negligent death to five. Those detained included executives and supervisors at mine owner Soma Komur Isletmeleri A.S., prosecutors say.

Chief prosecutor Bekir Sahiner said 25 people were initially detained as part of the probe, but several were released without charges while eight others were released but could be charged later.

Turkish news reports said prosecutors and inspectors probing the mining disaster had seized data from the mine that indicated sensors showed high gas levels inside the mine as early as two days before May 13. Reports say company officials did not record the high levels on log books and took no precautions.

Sahiner said that a preliminary probe indicated that coal had been smouldering days before, causing the roof to collapse in one part of the mine and unleashing toxic gases that spread throughout. Government and mining officials have insisted that the mine was inspected regularly, that safety standards were high and that negligence wasn't a factor.

Police have broken up protests denouncing poor mine safety in Soma and in Turkey's three largest cities of Istanbul, Ankara and Izmir. THE ASSOCIATED PRESS

# Ukraine. Putin orders Russian troops deployed near border to pull back

In what could be an attempt to ease tensions with the West and avoid more sanctions, President Vladimir Putin ordered Russian troops deployed near Ukraine to return to their home bases Monday.

Putin also praised the launch of a dialogue between Ukraine's government and its opponents even as fighting continued in parts of the country ahead of Sunday's presidential election. The approach suggested that Putin may believe he has achieved his key goal of maintaining Russian influence over eastern Ukraine without having to send in troops.

Russia still wants guarantees that Ukraine will not join NATO and will conduct constitutional reforms to give broader powers to its regions, something that would allow Moscow to maintain its clout in the Russian-speaking east that forms the industrial heartland.

The continued unrest in the east is serving Putin by making it difficult for the government in Kyiv to consolidate its control in the region.

Putin specifically ordered Defence Minister Sergei Shoigu to pull back the forces involved in the "planned spring drills" in the Rostov, Belgorod and Bryansk regions to their home bases, the Kremlin said.

The order appears to go further than a similar statement by the Russian leader two weeks ago that troops were being pulled back from the border to shooting ranges.

The three regions border Ukraine, and the withdrawal of troops deployed there would signal a genuine attempt by Moscow to de-escalate the worst crisis in its relations with the West since the Cold War. It also would be easily verifiable by Western intelligence. The U.S. and NATO said they saw no sign of a pullout after Putin's earlier claim of a withdrawal.

Ukraine is to vote on a successor to Kremlin-friendly President Viktor Yanukovych, who was ousted in February following months of protests in Kyiv. THE ASSOCIATED PRESS

# Syrian conflict death toll over 160K: Rights group

The death toll in Syria's three-year conflict has climbed past 160,000, an activist group said Monday, a harrowing figure that reflects the relentless bloodletting in a civil war that appears no closer to being resolved.

The grim tally, however, only presents one facet of the tremendous suffering that Syrians have endured since the revolt against President Bashar Assad erupted in March 2011. The crisis has also uprooted some 6.5 million people from their homes, forced 2.7 million to flee the country, laid waste to cities and towns alike and unleashed sectarian hatreds that have rippled across the region.

The Britain-based Syrian Observatory for Human Rights said Monday it has documented 162,402 deaths in the conflict, including civilians, rebels and members of the Syrian military. That figure also contains militiamen, such as members of the Lebanese Hezbollah militant group who have been fighting alongside Assad's forces, as well as foreign fighters among the opposition forces.

The observatory remains the sole organization providing a reliable tally of Syria's dead. The United Nations has stopped updating its tally of the Syrian dead, saying it can no longer verify the information.

The observatory bases its figures on information it obtains from a network of activists inside Syria. Its numbers are based on the names of those killed, collected by activists who document the dead in hospitals, morgues and identify them from video materials.

Civilians comprised about a third of the new toll. Those deaths include 8,607 children and 5,586 women. The observatory considers its tally an estimate and said the figure of those killed was higher than the sum of subcategories.

Syria's uprising began with largely peaceful protests against Assad's rule before slowly turning into a civil war. The conflict has taken on sectarian overtones, with predominantly Sunni Muslim rebels battling an Assad government dominated by Alawites, an offshoot of Shiite Islam. THE ASSOCIATED PRESS

A Syrian teenager inspects the rubble of houses that were destroyed by air strikes from government forces in Aleppo, Syria. ALEPPO MEDIA CENTER/THE ASSOCIATED PRESS

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# Russian ordered to pay ex-wife $4.5B

**'Fertilizer king'.** Dmitry Rybolovlev is ranked 147th on the Forbes list of billionaires with a fortune of $8.8 billion

A Swiss court has ordered a Russian billionaire to pay more than $4.5 billion to his ex-wife in what could become the biggest divorce settlement in history.

In papers delivered Monday to both parties, the Geneva Tribunal of First Instance said Dmitry Rybolovlev, an owner of the French soccer club AS Monaco, must pay $4,509,375,184.80 to ex-wife Elena Rybolovleva of Geneva. Both are 47.

**Biggest divorce settlement**

**"The most expensive divorce in history."**

**Wife's lawyer Marc Bonnant**
But Rybolovlev's lawyer said that the judgment's cash order was likely to be whittled down in coming appeals.

The judgment granted his ex-wife property worth $146 million in Gstaad, Switzerland, where the couple owned two swanky chalets. It awarded her two other pieces of real estate in an ultra-wealthy area of Geneva.

The couple has two daughters, Ekaterina, an adult, and Anna, 13. Forbes now ranks Rybolovlev the world's 147th wealthiest person.
THE ASSOCIATED PRESS

Dmitry Rybolovlev, seen in this photo from 2012. THE ASSOCIATED PRESS

**Alaska**

## Woman took 'heroic' action after bear attack

A woman swiped once by a brown bear on an Alaska military base struggled to walk three kilometres on a windy, uphill path to get help, officials said Monday. Her efforts to get aid after an 2.5-metre tall bear swiped at her were nothing short of heroic, Mark Sledge, base conservation officer said.
THE ASSOCIATED PRESS

**Mickey Mouse!**

## Deep pockets needed to visit Disney's parks

The price of a ticket at Disneyland is creeping closer to triple-digits. A single-day ticket for either Disneyland Park or Disney California Adventure Park is now $96 for those over 10. The $4 hike went into effect Sunday. Single-day ticket prices have more than doubled since 2003.
THE ASSOCIATED PRESS

## A Halifax welcome for the Heir

**Prince Charles and his wife Camilla watch traditional dancers while touring a farmers' market Monday in Halifax, their first stop in a whirlwind visit to Canada. The Royals are on a four-day tour. The visit by the Prince of Wales and the duchess is meant to celebrate Canada's past and future as a number of significant anniversaries will be commemorated in coming years. Next up is P.E.I. and then Manitoba.**
PAUL CHIASSON/THE CANADIAN PRESS

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# Leviathans under threat.
## A chance to stem more loss

On a cold Newfoundland morning last week, a man slicked with whale grease read aloud from a sort of shopping list.

"He wants a grapefruit-sized sample of liver, kidney, lung and ovary, but he said the ovary might be all mushy. He wants an eight-inch-wide part of the aorta. He wants an eye lens, if we can get it. He wants the wax earplugs and the longest pieces of baleen, starting below the gum line."

The man covered in grease was Burton Lim, assistant curator of mammalogy at the Royal Ontario Museum. The wish list came from Jack Lawson, a marine mammal research scientist at the Department of Fisheries and Oceans (DFO).

And they were "shopping" from the exposed abdominal cavity of a 100-plus-tonne blue-whale carcass that had floated to the shore of Trout River two weeks ago, bloated with gas, captivating millions with the threat it might explode.

It didn't. And for six days, after the ROM gained permission to take the skeleton to Ontario, the neighbouring town of Woody Point got a five-senses assault — Smell: the sourest stench imaginable. Sight: Egg yolk-yellow spinal matter. Sound: the thunk of meat hooks sinking into blubber. Touch: greasy goo, everywhere. There was even Taste for anyone unlucky enough to be caught open-mouthed at the wrong time.

### 'We were worried they were blues'

Blue whales are the largest animal ever to exist on Earth, but we know very little about them. And this whale was from a Canadian group struggling to reproduce, for reasons researchers do not understand.

The loss of a mature female — at least three, actually; two more washed ashore along the same coast — is a severe blow to conservation efforts. But it is a precious opportunity to study an exquisitely evolved animal and perhaps find out why her population is under threat.

Lawson first laid eyes on the whale on March 21. A woman in southwest Newfoundland had snapped pictures of something dark in the sea ice.

"We were worried they were blues," he says. A flyover confirmed it: Nine mature blue whales, apparently crushed in sea ice. Lawson was horrified.

Blue whales are endangered globally, but the Western Atlantic population that frequents Canadian waters is particularly troubled. While the eastern Atlantic group that swims from Iceland to the Azores numbers at least 1,100, there are likely no more than 250 adults here.

Worse, the whales aren't reproducing well. In 35 years of monitoring this population, Richard Sears, founder of the Mingan Island Cetacean Study on the St. Lawrence River, has spotted just 22 calves.

"There's something going on with the animals in the Northwest Atlantic that's not good," says Sears.

### 'We're just looking for any clues'

Lawson wanted the aorta for show-and-tell, but everything else will be pored over to try to understand what is plaguing these creatures.

"We're just looking for any clues as to why this population isn't doing as well as we think it should be," says Lawson.

- **Pollutants.** Researchers will begin screening the whale's organ tissue and blubber for pollutants. Belugas in the St. Lawrence estuary have been shown to carry high levels of mercury, PCBs, DDT, the banned insecticide Mirex and other contaminants. Blue whales feed much lower on the food chain, so they face less exposure. The presence of toxins would be a major red flag.
- **Baleen.** Baleen is made of keratin, like our fingernails. As it grows, it stores information about the animal's diet. It might show the krill supply has changed over time or other problems in the ecosystem.
- **Climate change.** In the case of the Trout River whale and her eight kin, the direct cause of mortality is pretty obvious: Death by ice. In previous decades, when ice cover was more regular, it was common to see at most five blue whales killed by ice. That happens less now that climate change has decreased ice cover. "Maybe whales just aren't used to the ice anymore," says Sears.
- **DNA.** Genetic information from the Trout River whale will also provide crucial insights. Is it a match for DNA from several blue whales already on file? Are the western and eastern Atlantic populations really distinct? The Canadian Barcode of Life Network, which is building a database of genetic information for every species in Canada, will get its first blue whale.

And when the ROM uploads information about its collection to research databases, requests from all over the world will begin filtering in — a dead-whale explosion of a different sort.

TORSTAR NEWS SERVICE

The last pieces of blubber have been scraped, and the reporters have all gone home. But now Trout River, N.L.'s will now entertain a different audience: researchers. Here's a breakdown of the Royal Ontario Museum's recovery

# A TALE OF

Flensing

## A forgotten art in Newfoundland

Flensing, the stripping of whale blubber, was a practice familiar to Newfoundlanders just a generation ago. A beached blue whale would have been a bounty before the last two commercial whaling stations in the province shut down in 1972. Today, the removal of tonnes of whale flesh is a logistical nightmare, not to mention a nauseating mess.

The nine-person team — two from the ROM, three from Ontario's Research Casting International, three local workers and an American volunteer — started at the tail of the upside-down whale, removing chunks of blubber and meat with kitchen knives and huge fish hooks.

Vertebrae are stacked and tagged with poker chips before transport. KATE ALLEN/TORSTAR NEWS SERVICE

Big job, big tools

## Improvising with heavy machinery

As vertebrae were exposed and sawed off, a thick carpet of flesh from the whale's broad backside remained. Far too heavy to lift, the crew dealt with it by threading a sturdy rope through an incision in the flesh and lifting it with a front-end loader so the men could cut it into manageable pieces while it hung mid-air.

All the discarded chunks were thrown into the loader's bucket, dumped into a waiting truck and carted off to landfill. The bones — Fred Flintstone-size ribs, a flipper with a ball joint the size of a beach ball — were identified with coded poker chips and loaded into a semi-trailer triple-lined with plastic.

'Pudding gusher'

## Rotten almost beyond recognition

The whale had been dead nearly two months, so its viscera were practically liquefied. But the ROM's Burton Lim was able to identify spleen, lungs, heart and liver from the oozing cavity. (His colleague Mark Engstrom started using "pudding gusher" as a technical term.)

Mark Engstrom, deputy director of collections and research, holds up an eye. KATE ALLEN/TORSTAR NEWS SERVICE

blue whale carcass — which fascinated millions with the threat of explosion and the scale of the removal effort — efforts and why the blue whale is such an important find.

# A WHALE

TORSTAR NEWS SERVICE

**Samples**

## Rummaging for grisly treasures

For safekeeping at the ROM, organ samples were scraped into cryogenic tubes and dropped into liquid nitrogen, flash-freezing them. The DFO's samples, along with a slice of aorta the width of a basketball, were bagged and picked up by fisheries officers.

A cross-section of the whale's aorta. KATE ALLEN/TORSTAR NEWS SERVICE

**Aging the whale**

## Valuable bits and pieces go missing

The eye lens and ear wax could be used to age the whale, which could be anywhere from 10 to 80 years old or more at sexual maturity. Scars on the ovaries would show whether she had calved. But all three were long gone, picked at by seagulls or lost in the mush.

Burton Lim samples spleen. KATE ALLEN/TORSTAR NEWS SERVICE

**Colossal cranium**

## Sometimes it's tough to get a head

When the crew used heavy machinery to peel back the massive sheet of blubber that housed the lower jaw, Lim got access to the baleen, the filter-feeding system made of hard, venetian-blind-like strips. He sawed a big chunk of the baleen off at the root and bagged it for pickup.

Eventually, there was nothing left of the whale in Woody Point but its upper cranium, which was too big to fit in the trailer and will probably be ferried in a shipping container.

TORSTAR NEWS SERVICE

Workers get down to the skeletal remains of the whale. KATE ALLEN/TORSTAR NEWS SERVICE

**Evolution and conservation**

## *Our not-so-different kin*

The similarity between humans and their marine mammal cousins is a useful avenue to talk about evolution, says Nick Pyenson, curator of marine mammal fossils at the Smithsonian. GETTY IMAGES FILE

There's much to be learned from the Trout River whale independent of scientific research — and that will occur after the skeleton has been degreased, reassembled and mounted for display, a goal many years and millions of fundraising dollars away. The next step for the skeleton will be to bury it in compost for 12 months.

Mark Engstrom, deputy director of collections and research, has been planning an exhibit on cetaceans — marine mammals — for years. He has collected a humpback, fin, minke, sperm, right and killer whale. But the last opportunity to acquire a blue came up 25 years ago. A blue whale, more massive than any known dinosaur, will be the capstone of the ROM's new collection. Engstrom intends to focus the exhibit around two major tent poles: Evolution and conservation.

Everyone knows that whales are mammals, not fish. But what that actually means becomes apparent when you see its skeleton. A blue whale's flipper bones have a disconcerting similarity to human anatomy. Only the proportion is off: The arm bones are much shorter, while the finger-equivalents are longer. Some blue whales even have vestigial hind legs enclosed in their skin, remnants of a former life on land. These exquisite adaptations create a convenient avenue to talk about evolution, says Nick Pyenson, curator of marine mammal fossils at the Smithsonian.

"The question is always, 'Why did the whale go back to water?' We can't tell you why, we can tell you how," he says. Whales' closest living terrestrial relatives are hippos. Fossils show that cetaceans evolved from hoofed animals.

As for conservation, people seem to be fascinated with their mammalian kin, reinforced by their sheer scale.

"Even though it's dead, it's still an amazing thing to be able to walk for 85 feet along the side of what was once a living thing and be able to see just how beautifully streamlined they are and how super-evolved to live in the marine environment," says Jack Lawson of the Department of Fisheries and Oceans. TORSTAR NEWS SERVICE

## Dissection inspection

Here lies the Trout River blue whale's head and jaw. If you have a stomach of steel, scan this photo with your Metro News app to see more photos of the Royal Ontario Museum's team taking the carcass apart. KATE ALLEN/TORSTAR NEWS SERVICE

# Gay rights. Oregon judge overturns voter-approved ban on same-sex marriage

A federal judge on Monday struck down a voter-approved ban on gay marriage in the northwestern state of Oregon, calling it unconstitutional, in the latest legal victory for advocates of same-sex marriage.

U.S. District Judge Michael McShane joined judges in seven other states who have struck down gay-marriage bans this year, though appeals are underway and the issue is expected to be settled by the U.S. Supreme Court.

He said the ban unconstitutionally discriminates against same-sex couples and ordered Oregon not to enforce it. State officials earlier refused to defend the constitutional ban in court.

The U.S. Supreme Court last year struck down the 1996 Defence of Marriage Act, which barred the federal government from recognizing same-sex marriage. It determined the law improperly deprived gay couples of due process.

But opposition remains stiff in many places. Critics note most states still do not allow gay marriage and that in most of those that do, it was the work of courts or legislatures, not the will of the people.

Oregon state officials have said they'd be prepared to carry out same-sex marriages almost immediately, and couples lined up outside the county clerk's office in Portland in anticipation of McShane's decision.

THE ASSOCIATED PRESS

**Fighting for equality**

**Ten states have already revisited same-sex marriage issues this year.**

- Idaho, Oklahoma, Virginia, Michigan, Texas, Utah and Arkansas have overturned same-sex marriage bans.
- Kentucky, Ohio and Tennessee have been ordered by judges to recognize same-sex marriages from other states.

## What's 20 metres tall, 40 metres long and 90 million years old?

Pablo Puerta from the Museo Paletontolgico Egidio Feruglio lies alongside a sauropod dinosaur femur in Trelew, Argentina. Scientists in Argentina have uncovered huge bones that could be from the largest dinosaur yet found, a kind of titanosaur that munched tree tops more than 90 million years ago. It's estimated the beast reached 20 metres tall, 40 metres long and weighed the equivalent of 14 or 15 adult African elephants. JOSE MARIA FARFAGLIA/THE ASSOCIATED PRESS

**Kidnapped schoolgirls**

## 'Spiritual' hunters wait to aid search

Traditional hunters armed with homemade guns, poisoned spears and amulets have gathered in Nigeria in their hundreds, eager to use their skills and what they believe to be supernatural powers to help find nearly 300 schoolgirls abducted by Islamic extremists.

About 500 hunters, some as young as 18 and some in their 80s, say they have been specially selected for their spiritual hunting skills and have been waiting for two weeks in Maiduguri, the Borno state capital and the birthplace of Boko Haram, to get backing from the military.

With Nigeria's military accused of not doing enough to rescue the girls, the hunters demonstrated their skills to an Associated Press reporter.

Cow horn trumpets echoed eerie war cries from the screaming and chanting men as they twirled knives and swords, occasionally stabbing and cutting themselves with no apparent harm.

The hunters claimed their magic charms prevented any blood being drawn. They also trust amulets of herbs, animal teeth and leather bracelets to protect them from bullets.

A military spokesman did not immediately respond on whether it would take advantage of the hunters' local knowledge. THE ASSOCIATED PRESS


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tico.ca

# Feds are robocalling ... themselves right now

**Hello, anyone there?**
The government aims to slash $28.8 million from its phone bill by 2015 by finding unused lines

The federal government has been running a massive robocall campaign out of Ottawa, dialling its own offices and hoping no one answers.

The objective? Ferret out and cancel the thousands of unused telephone lines that cost taxpayers millions each year.

So far, the robocalls have found at least 8,000 of them.

The project over the last year was to locate government lines that no one ever picks up, whether because of long-ago workforce downsizing, an office move or other reasons.

But Shared Services Canada, the agency in charge, has no master list of orphan telephone numbers for its 43 client departments, who are often sloppy about keeping track.

So it offered an auto-dialler system to the RCMP, Health Canada, Treasury Board and other big departments that allows them to ring their own office numbers to find out whether a lowly bureaucrat actually lifts the receiver at the other end.

So far, there have been no answers at 8,000 desktop telephones, which puts them on a watch list.

The agency can then use another automated system to help verify whether each inactive line is permanently idle. The system actively monitors any outgoing calls from these suspect lines, and sends a report to Shared Services Canada alerting officials if the line is in use after all.

Is someone using this phone? The feds aim to find out. THE CANADIAN PRESS

As of March 2012, there were 295,000 so-called Centrex telephone lines provided by Bell Canada to federal government departments and agencies in Ontario and Quebec, where the vast majority of public servants work.

Shared Services Canada is working to get rid of as many of these lines as possible, with the goal of reducing the federal telephone bill by $28.8 million by 2015. THE CANADIAN PRESS

**Executive compensation**

## Target ex-CEO pay fell 35% final year to $13 million

Former Target CEO Gregg Steinhafel's total pay fell 35 per cent to $13 million US in his last year at the helm as the company's board revamped compensation plans amid complaints from shareholders that he was paid too much, according to a regulatory filing.

Steinhafel, who had earned nearly $20 million in the previous year, stepped down from the chairman and CEO role and resigned from the board earlier this month in the wake of a massive data breach and a botched expansion plan in Canada that have hurt its sales and profits.

In documents with the Securities and Exchange Commission, Target described Steinhafel's departure as an "involuntary termination for reasons other than cause."

THE ASSOCIATED PRESS

**Takeover**

## AstraZeneca rejects Pfizer's $119B offer

The board of AstraZeneca on Monday rejected the improved $119 billion US takeover offer from U.S. drugmaker Pfizer, a decision that caused a sharp slide in the U.K. company's share price as many investors think it effectively brings an end to the protracted and increasingly bitter takeover saga.

The board said in a statement that it "reiterates its confidence in AstraZeneca's ability to deliver on its prospects as an independent, science led business."

Pfizer, which is the world's second-biggest drugmaker by revenue, has been courting No. 8 AstraZeneca since January, arguing their businesses are complementary. On Sunday, it raised its stock-and-cash offer by 15 per cent to $118.8 billion, or 70.73 billion pounds.

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## Thai take to the streets as unrest continues

Anti-government protesters blow whistles and show money, which they will donate to their leader Suthep Thaugsuban, during a march through streets in Bangkok, Thailand, Monday. Thailand's political crisis deepened last week when the Constitutional Court removed Prime Minister Yingluck Shinawatra for nepotism along with nine cabinet members in a case that many viewed as politically motivated. Protesters say Yingluck's removal is not enough. She was simply replaced by Niwattumrong Boonsongpaisan, from the ruling party. Thailand's political crisis began in 2006, when Yingluck's brother, former Prime Minister Thaksin Shinawatra, was toppled by a military coup after being accused of corruption, abuse of power and disrespect for King Bhumibol Adulyadej. Monday was the fourth anniversary of a deadly military crackdown on pro-Thaksin protesters in which more than 90 people were killed.

SAKCHAI LALIT/THE ASSOCIATED PRESS

# Google buys into BYOD trend

**Bring your own device.** As more workers use one smartphone for business and pleasure, Divide helps businesses manage the risks

Google has bought Divide, a startup that helps companies manage the mobile devices that employees are increasingly relying upon to get their work done.

Financial terms of the acquisition announced Monday were not disclosed. The deal is part of Google's effort to widen corporate usage of smartphones and tablets running on Android, its mobile operating system.

Google is counting on Divide's technology to make companies feel more comfortable about allowing their employees to use Android devices for business email and other on-the-job tasks involving sensitive information.

More than one billion devices worldwide already are powered by Android, making it the world's leading mobile operating system. Divide also offers an app for Apple Inc.'s iPhones. Although Divide is joining Android, the company reassured existing iPhone customers that their device-management tools will continue to work.

Divide, originally known as Enterproid, was founded four years ago by former Morgan Stanley executives who believed that the growing popularity of smartphones and tablets would drive more corporate demand for device-management tools.

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**'Wake-up call'**

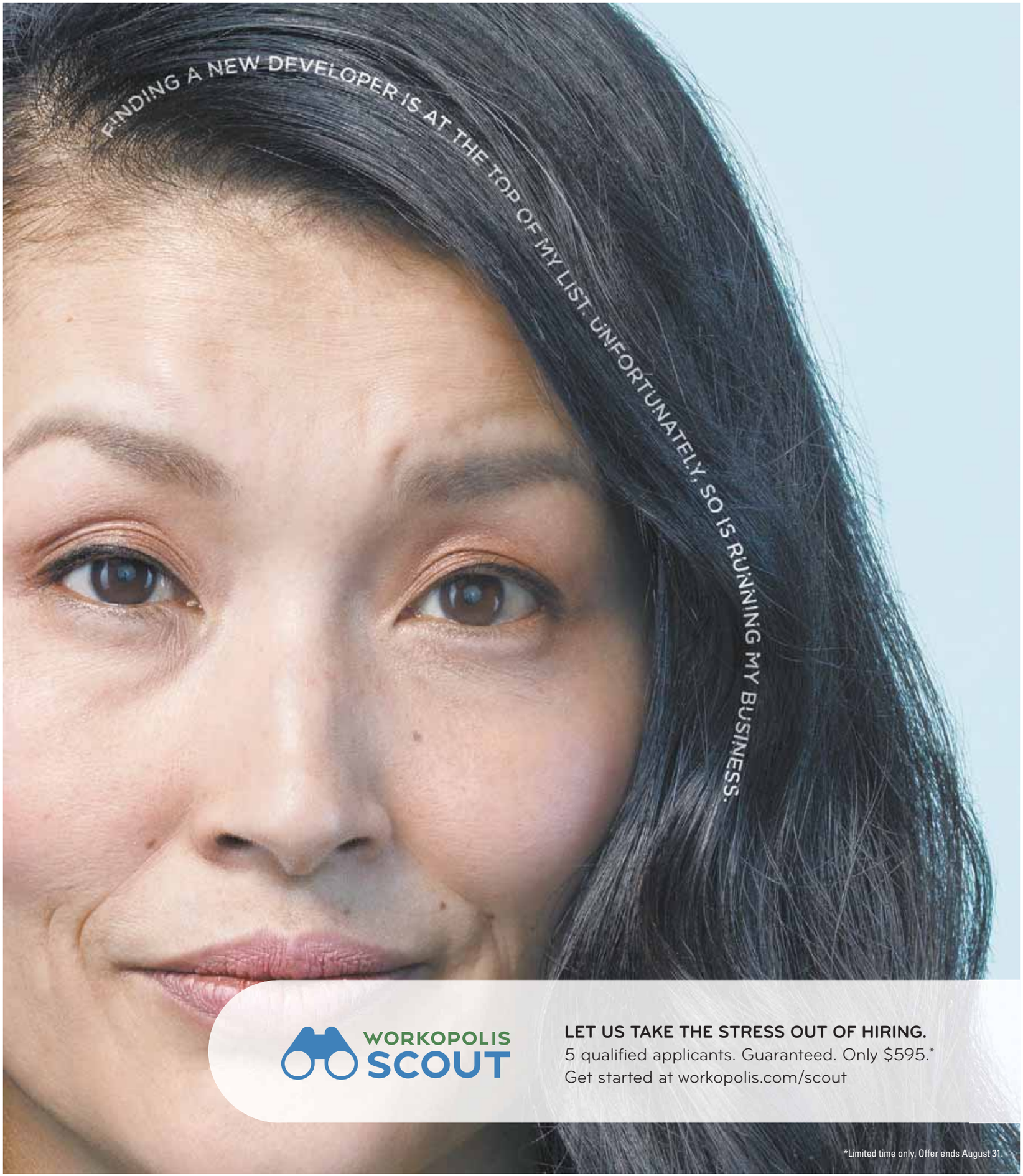
## U.S. charge five Chinese military men with hacking

Accusing China of vast business spying, the United States charged five military officials on Monday with hacking into U.S. companies to steal vital trade secrets in a case intensifying already-rising tensions between the international economic giants.

The Chinese targeted big-name American makers of nuclear and solar technology, stealing confidential business information, sensitive trade secrets and internal communications for competitive advantage, according to a grand jury indictment that the Justice Department said should be a national "wake-up call" about cyber intrusions.

A company's success in the international marketplace should not be based "on a sponsor government's ability to spy and steal business secrets," Attorney General Eric Holder declared at a news conference on Monday.

THE ASSOCIATED PRESS

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# SLEEP-HACK YOUR WAY TO SUCCESS

SHE SAYS

**Jessica Napier**
metronews.ca

While waiting in line at a coffee shop, I recently overheard a conversation between two women who seemed desperate to outdo one another's exhaustion level. They complained to each other about lack of sleep, hectic workweeks and the amount of caffeine required to compensate for their lack of energy.

In North America, it's not uncommon for people to wear fatigue as a badge of honour. We pride ourselves on being overscheduled; excess free time is viewed as an indication of laziness or lack of ambition. Even our biological need for sleep is now a sign of weakness.

When it comes to the perfect amount of shut-eye, experts seem divided on the number of hours we should be getting. Most doctors maintain that the average adult needs somewhere around seven to nine hours a night. However, one of the largest sleep studies ever conducted — with over 1.1 million participants — found that people who sleep for just six and a half hours a night lived the longest.

Dave Asprey, a tech entrepreneur turned life coach, is a prominent advocate for the "less-is-more" approach when it comes to sleep. A self-proclaimed bio-hacker, Asprey spent 15 years and $250,000 of his own money consulting with doctors and scientists around the world and experimenting on his own body to alter his biology and become a more powerful human being.

He's now shilling his bio-hacking secrets through his website, The Bulletproof Executive, which offers lifestyle advice, techniques and tools designed to optimize your own biochemistry. He promises to teach people how to stay healthy and achieve a peak state of productivity by sleeping less than five hours a night. One of his more uncomfortable-sounding sleep-hacking tips is to submerge your body in an ice bath prior to bedtime to accelerate the natural drop in internal temperature needed to fall asleep. He also recommends purchasing numerous slumber aids from his own line of branded products, which includes Bulletproof Coffee and other nutritional supplements.

Asprey boasts that he has trained his body to subsist on three to five hours of sleep a night and is able to wake up fully rested and functional the next morning. His evangelical arguments for a better life on less sleep are very appealing to time-starved individuals desperate to squeeze a few extra hours out of the work day and supercharge their efficiency.

And sure, these sleep-hacking techniques may allow you to answer a few more emails during the day or finish some neglected chores, but is more time spent conscious really worth the potential health risks? Asprey himself recognizes the dangers of sleep hacking and warns that he is not a physician and that his tips are on how to "safely(ish)" hack your sleep. Bypassing your own biological needs in the name of productivity is incredibly arrogant and ignores the many well-documented and dangerous problems associated with lack of sleep, including increased risk of cancer, heart disease, diabetes and weight gain.

Many of Asprey's tips — such as turning off electronics at least an hour before bed and eating low-mercury fish — are helpful in terms of getting better-quality sleep, but reducing the number of hours is still a risk. Sacrificing the quantity of resting hours means gambling with both your mental and physical well-being.

## ZOOM

# Out of the darkness ...

In this June 2013 photo provided by National Geographic, diver Susan Bird, working at the bottom of Hoyo Negro, a large dome-shaped underwater cave in Mexico's Yucatan Peninsula, brushes a human skull found at the site. Thousands of years ago, a teenage girl fell into this deep hole and died. Now her skeleton and DNA are helping scientists study the origins of the first Americans. PAUL NICKLEN/ NATIONAL GEOGRAPHIC/THE ASSOCIATED PRESS

## ... and into the scientific spotlight

Mexican experts plan to extract the entire skeleton of a teenage girl who nearly 13,000 years ago toppled into a deep hole in a cave and died, an official said Monday.

An official said that so far only a molar and a rib fragment have been removed from the underground cave where the remains were found in 2007.

Once recovered, the remains will be studied and displayed. THE ASSOCIATED PRESS

## Skeleton holds clues to first Americans

The discovery of the girl's skeleton is bolstering the long-held theory that humans arrived in the Americas by way of a land bridge from Asia.

DNA testing shows the girl is related, maternally at least, to today's native Americans, meaning both would trace their lineage to Beringia, the land masses on either side of the ancient land bridge now covered by the Bering Sea. THE ASSOCIATED PRESS

### Accidental discovery

- The girl's nearly complete skeleton was discovered by chance by expert divers who were mapping water-filled caves north of the city of Tulum, in the eastern part of the Yucatan Peninsula.
- The divers decided to name the girl Naia, after a water nymph of ancient Greek mythology.

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## Call of the cattle man

ANDREW FIFIELD
metronews.ca

**Country rap exists. It's largely terrible, so you don't come across it much. But maybe there's hope. Maybe it's the approach that's wrong. Instead of mashing two genres of wildly different experiences and traditions together and hoping for the best, perhaps just allow things to happen organically. And like Darwin noticing the beaks on Galapagos finches, the adventurous optimist may see glimmers of country rap's original form in this video of a cattle auctioneer's calls transformed into smooth beats with the help of a few well-placed trap horns.**

GETTY IMAGES FILE

(Via HNHD/YouTube)

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MEDIA PLANET

# TRADES & APPRENTICESHIPS

*Featuring*

**UNDERREPRESENTED GROUPS**
Opportunities in the trades

**THE NEXT STEP**
Insight and tips for prospective students

**UNION ADVANTAGE**
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PHOTO: ALEX SCHULDTZ, THE HOLMES GROUP

## INVESTING IN OUR YOUTH

**Exclusive one-on-one: TV host Mike Holmes** opens up about what got him into the trades and how the next generation can too.

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**One of the biggest challenges** faced by parents and teachers is to provide post-secondary and career advice outside the scope of their own experience.

# Let's change the conversation about careers in the skilled trades

**Sarah Watts-Rynard**
EXECUTIVE DIRECTOR,
CANADIAN APPRENTICESHIP FORUM

Most parents and teachers say they want students to pursue a career path that suits their own skills and interests. Few have the expertise to advise as to which path, which program, and what skills are needed in an ever-changing job market. As a result, we often see young people head to university without much insight into the options available to them.

## Discussing the opportunities

If you or a young person in your life has an aptitude for problem-solving, mechanical ability, good hand-eye coordination, and strong math skills, it is worth spending some time talking about opportunities in the skilled trades. Tradespeople often prefer the active engagement of their day-to-day work, where they can immediately see their efforts come to life.

With a whole generation of tradespeople approaching retirement, there will be tremendous opportunities for those interested in building, operating, and maintaining the physical infrastructure around us. These hands-on careers are challenging, fulfilling, and well-paid.

## By the numbers

In a recent national survey of more than 870 students, the Canadian Apprenticeship Forum captured a snapshot of perspectives among 13 to 17 year-olds. When compared to 2004 results, youth in 2013 are more open to considering a career in the trades.

A vast majority say they believe being a plumber, welder, electrician, or auto mechanic are on par with being a lawyer, business person, or accountant. Students expressed the value of hands-on learning, the importance of doing work you enjoy, and respect for the contribution of tradespeople to society.

These are positive indicators that young people are open to conversations about trades careers.

## Words of wisdom

For those looking to impart some words of advice, here are a few suggestions:

- **Consider your interests and talents:** Most adults are doing something very different than they first planned. If you start by thinking about what you enjoy and your skill set, you will have opportunities to build on those qualities as your interests change and opportunities present themselves.
- **Spend some time with a tradesperson:** Learn what the job entails by asking questions and, if possible, by shadowing someone on-the-job. Many students start something, and become disappointed when they realize that the job isn't what they expected.
- **Learn about the certification process:** Talk to someone at your local apprenticeship office to learn about the prcoess of registration and certification. Most trades combine hours in the workplace and levels of technical training. Certified tradespeople are better paid and are more likely to work full-time over those who don't receive their certification.
- **Try a trade:** There are many opportunities to try your hand at a variety of trades, whether at a career event or your local college. Trades exploration courses and camps let you try a number of trades to see what clicks.

There are many ways that students can investigate a great potential career in the trades. With these suggestions, it's just up to them to decide what road to take for a successful future!

**SARAH WATTS-RYNARD**
editorial@mediaplanet.com

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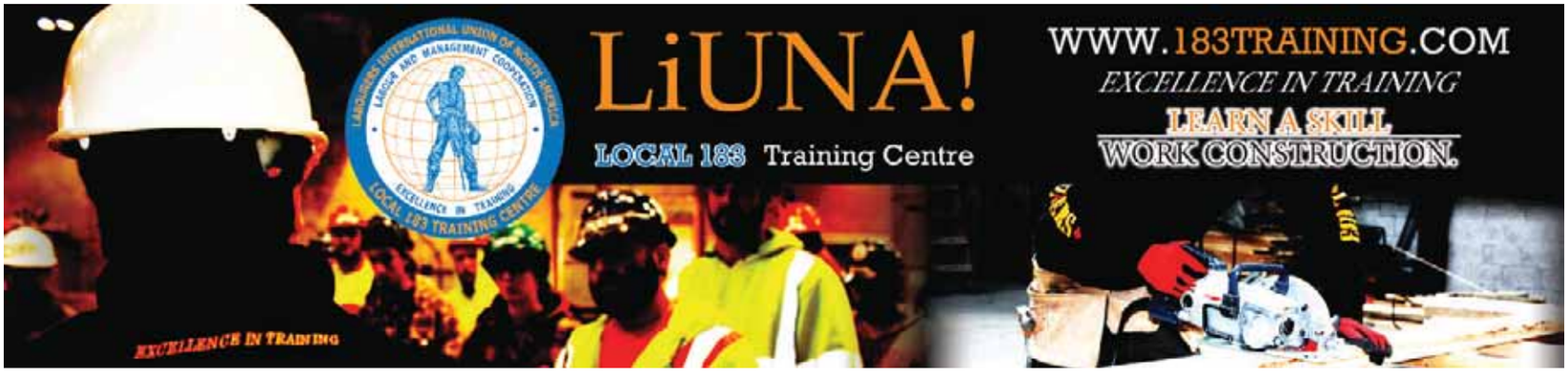

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INSPIRATION

# Holmes on skilled trades: What you need to succeed

**In this exclusive interview with host of *Holmes on Homes,* Mike discusses the importance of getting young people involved in the trades.**

**Mediaplanet How were you inspired to enter the trades?**
**Mike Holmes** My dad. As a boy growing up, I would watch him work around the house, on neighbours' homes. I was fascinated by what he could do, how he could take down walls or redo our home's plumbing. I guess he noticed that I wasn't going away, so he started teaching me when I was still really young. I wanted to know. For me, it was a totally exciting thing to do.

**MP Why should our youth get involved?**
**MH** It's a great career. If you love it, you will go far. There's good pay, and when you're really good, there's no telling how far you can go. The demand for tradespeople is huge, and it's growing every year. So chances are, if you have a skill, you'll have a job — and a good one. Being in the trades is an advantage. Having a skill is an advantage. It's an investment you can't lose.

**MP What is the most important skill that young people learn through skilled trades?**
**MH** Focus. Working in the trades takes many skills — not just one. Look at plumbing, for example. To be a plumber you need to know your math to make the proper cuts on your pipes. You need to know how to solder, how to make your fittings, how different materials react to different temperatures and environments — and you have to be precise, down to the millimeter. You have to stay focused. It can be frustrating, but when you get it, there's nothing better.

**MP What is your best piece of advice on what youth can expect once they start their training?**
**MH** It's not going to be easy. Working in the trades is hard work. It's long hours, complicated projects, and you're dealing with different people all the time. Sometimes a project might involve five different trades, so you need to know how their work affects yours, and vice versa. Communication is important, patience is very important, and sometimes you have to think ten steps ahead. But if you love it, there is no other option. I still love it, and it's been over 30 years!

**MP How do experienced workers in the trades help young people that are just starting out?**
**MH** When you're new or if you're just starting out and getting a feel for it, it can be overwhelming. It's a whole new world, and it helps just to have someone there to guide you. Someone that can talk to you about their experiences, dealing with different aspects of the job, materials, products and dealing with clients. Part of being a pro is teaching others. You never know how many people you help by teaching one person to do it right.

**MP What do you think people need to know about trades in general?**
**MH** It's not a fallback career. Being a tradesperson takes many skills. You need to know all kinds of information on the spot, and from different areas. I know people who went to university first and then got into the trades because they couldn't get a job, and they say that learning a trade was harder than university. It's time we have more respect for tradespeople, because we depend on their work and their skill all the time.

**MP What do employers get back from investing in training programs and apprenticeships for our youth?**
**MH** Well, there's the tax credit. But more importantly, you get good work and good workers — people who care. Apprenticeships make good carpenters, builders, plumbers, electricians—you name it, because you work one-on-one with a pro. The experience of a pro is gold to an apprentice, and that builds integrity—integrity to your trade, to your skill, to your work, and to the people you help. Apprenticeships also build loyalty, and that's priceless to an employer.

PHOTO: ALEX SCHULDTZ, THE HOLMES GROUP

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> "It's time we have more respect for tradespeople, because we depend on their work and their skill all the time."

editorial@mediaplaneta.com

# How the province can help more students find a career

In this competitive job market, it's more important than ever to arm students with good employment information. This will help them make meaningful choices about their future.

### Job opportunities in Ontario

It's particularly important to ensure they know about the fulfilling and well-paying careers available in the skilled trades.

At that the same time that many young people are unemployed or underemployed, many employers in the trades are struggling to find qualified people. There are excellent jobs waiting for those with the proper training.

Ontario needs to do a better job promoting the opportunities in the trades and in other technical careers. We need a profound shift in attitudes toward higher education, careers, and what constitutes success.

### Apprenticeship training

The province must help more people enter apprenticeship training. They should also encourage more people to pursue the career-focused programs at Ontario's 24 public colleges.

Reforming the apprenticeship system is a good place to start.

Currently, the provincial government is responsible for administering the system. More people might find their way into apprenticeship training if the colleges played a greater role in administering registration for classroom training. They could do this through the colleges' provincial application service. The colleges are responsible for about 90 percent of the in-class training.

### Developing new programs

Ontario can also help more people get access to skills training by expanding the pre-apprenticeship programs available at colleges. The province can help apprentices who may wish to pursue further studies. They can do this by allowing colleges to award a provincial credential to students who complete their in-class training.

Creating a stronger workforce also means encouraging more people to pursue the career-focused programs. An important step to help achieve this would be expanding the range of degree programs at colleges.

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**LINDA FRANKLIN, PRESIDENT AND CEO, COLLEGES ONTARIO**
editorial@mediaplaneta.com

# ABORIGINAL APPRENTICESHIP IS VITAL TO THE SUCCESS OF TRADES IN THE CONSTRUCTION SECTOR

The numbers of skilled tradespeople are dwindling every year while the Aboriginal population is the fastest growing in Canada.

At the Aboriginal Apprenticeship Board of Ontario (AABO) we're dedicated to increasing the number of Aboriginal people in the trades. This includes working with companies and governments to implement an Ontario-based Aboriginal Apprenticeship Strategy. Recently, AABO members, Ontario Power Generation and SIBI Employment and Training, through the Construction Trade Unions, provided over 75 apprenticeship opportunities for local Aboriginal people on the Lower Mattagami Hydroelectric Development Project in Northeastern Ontario.

ABORIGINAL APPRENTICESHIP BOARD OF ONTARIO

For more information on how you can begin building your exciting career in the skilled trades, visit us at **aabo.ca**

NEWS

# Thousands of jobs await college grads with skills training

**According to Employment and Social Development Canada's occupation projections; there are now 24 trades facing significant labour shortages.**

This demand for skilled workers could rise to a high of 3.9 million people by 2031.

This critical shortage means that both consumers and businesses are likely to pay more, wait longer for services, and experience costly delays to important infrastructure projects.

### Job security

With the Ontario unemployment rate hovering over seven percent, David Tsubouchi, Registrar and Chief Executive Officer of the Ontario College of Trades, reminds us that, "there is no such thing as job security today in the public or private sector. But when you learn a trade, you have real transportable skills you can take anywhere, make a great living, and take control of your own career."

While there are no quick fixes to this problem, a few glaring facts are hard to ignore. A main one is the underrepresentation of groups such as aboriginals, newcomers to Canada, and women in particular.

### New opportunities

Tsubouchi says, "there is a real opportunity for women, young people, and aboriginal communities in northern Ontario for example, with the Ring of Fire mining projects. It's rewarding work and a chance to make a very good living too."

One example of a woman seizing the opportunity is 21-year-old Michelle Smaglinski. She's now in her third year of the electrical apprenticeship program. Smaglinski is more than half-way through her apprenticeship and says, "it's rewarding work, I like the feeling of having accomplished something at the end of every day."

### Nuclear energy

In the Canadian nuclear energy industry, their current workforce has less than 20 percent female representation, says Joy Shikaze, Executive Director of Women in Nuclear Canada (WiN-Canada). WiN-Canada promotes opportunities for women in the industry.

> "When you learn a trade, you have real transportable skills you can take anywhere, make a great living and take control of your own career."

The nuclear industry is currently dominated by men who are reaching the end of their careers. These retirements mean a shortage of people who have the expertise to run nuclear power stations. Shikaze adds, "women can fill that gap, but we need to ensure that they get the necessary training and technical skills."

### Electricity industry

A significant underrepresentation also exists in the electricity industry. The industry is also facing a critical shortage of workers. This lack of workers is due to retirements and to increased demand from a $295 billion government investment. The investment will occur over the next 20 years to upgrade an aging electricity infrastructure, according to Michelle Branigan, Chief Executive Offer of Electricity Human Resources Canada (EHRC).

EHRC believes that attracting more women to the industry is a big part of the solution. "According to our research, while we have about 25 percent of women working in the electricity sector, less than five percent of our tradespeople are women. It is crucial that utilities, educators, and government continue to work together to improve the representation of women in the electricity sector," says Branigan.

### College partnerships

According to Branigan, "the colleges have been great and are adapting to the changing needs of industry, to meet the job requirements of employers."

This means graduates through their school and apprenticeship programs will be job-ready. This is vitally important when you consider these are the people who keep the economy working and the lights on.

**HEATH APPLEBAUM**
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INDUSTRY PERSPECTIVE

1 **How has your career choice provided you with opportunities that other industries do not?**

2 **What are some of the skills you will develop in your chosen trade?**

**Michelle Smaglinski**
Electrician Apprentice, Electrician program, Mohawk College

**I feel my choice in selecting a skilled trade** has provided me with a fantastic learning experience. It's a skilled trade that challenges me every day to think on my feet and challenges my train of thought. Through team learning and hands-on development, I have gained invaluable experience and knowledge, resulting in job satisfaction, financial benefits, and other opportunities to improve my skill sets within my job.

**First, and most importantly,** being in a trade primarily works on developing your hands-on skills and ability to take direction through working with tools and perfecting speed and accuracy of fine motor skills. Additionally, I feel that my choice in selecting a skilled trade has provided me with opportunities to meet many different and interesting people who have helped to enrich my life in various ways.

**Natalee Lewis**
Project Manager, Business Development, Skills Canada
Plumbing Student, Sheridan College

**Plumbing provides me an opportunity** to be an expert in my field. As an undergraduate with a History degree, I was not an expert. History gave me the means to conduct research and communicate effectively, but left me with few employment opportunities. The reality is there is a skilled trades shortage. Also, being a woman provides an opportunity to break new ground in a non-traditional role.

**Let's work backwards. Doctors cure diseases, plumbers prevent them.** In order to provide clean, healthy drinking water and proper sanitation, the essential skills I am developing are numeracy through math and measurement, document use by interpreting section 7 of the building code, and understanding and applying advanced plumbing technologies such as piping evolution — we've come a long way from lead to pex!

**Liane A. Quevillon**
Certified Electrician
Professor, College Boréal

**A career in trades** has provided me with several opportunities. As I gained experience in the trade, I had the chance to supervise several projects. Now I teach the trade in which I was trained. The teaching part is very rewarding because it gives me the chance to show other apprentices the knowledge that I have gained over the years and also some tricks of the trade! For a lot of tradespeople it is also the opportunity to travel across the country, especially in the construction sector.

**The first skills that come to my mind** are communication skills. You have to communicate with co-workers, supervisors, engineers, clients, and now with students. Other skills that you develop: learning to work properly with tools, problem solving, learning new technology, and a chance to innovate in the field you chose.

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# Trading up: Fresh thinking on skilled trades

**Dirty, noisy, and physically demanding, careers in the trades have long been viewed as undesirable and have suffered from a perpetual lack of diversity.**

Men have traditionally made up the overwhelming majority of the workforce. However, this picture is starting to change. Today's trades now require workers who are highly skilled, educated, and who can make use of modern technology as well as physical labour.

The face of the skilled trades is also changing, with more women and ethnic minorities opting for trades careers. Natalee Lewis, 28, is a plumbing student who also works for Skills Canada.

Natalee decided in January 2014 that she wanted a career in the skilled trades. "The first two weeks were a little strange. All of these twenty-year-old gentlemen wanted to help carry my toolbox! It was very cute, but I still felt the need to try to solder better than them and keep my projects level. I'm very competitive. But the guys are great — when I passed the first semester, I got a lot of pats on the back. They were rooting for me. I'm a classmate first and a woman second."

## Competition that causes change

Natalee found inspiration to switch careers in seeing others participate with Skills Canada's skills competitions. These contests have youth demonstrate their abilities in competitions before a judging panel.

"We have over 40 trades at the competition, and there are about 560 competitors. They're Canada's best. The competition has been around for 20 years and employers recognize the dedication and work ethic of our competitors."

Consequently, the prospects for young people in the trades are excellent, according to Lisa Olsen of Skills Ontario. "The number of people retiring from the skilled trades and people going into them currently doesn't match. So young people going in have a very good chance of gaining secure, worthwhile employment."

**PATRICK BISSETT**
editorial@mediaplanet.com

## TRY A TRADE

There are many opportunities to try a trade in Canada. **The Skills Canada National Competition (SCNC)** is the largest trade competition for students and apprentices in the country. The SCNC will be held at The International Center in Mississauga from June 4 – 7 and more than 500 young people from all over Canada will compete in over 40 skilled trade contests. In addition to the competition, there are many engaging opportunities taking place at SCNC 2014, including Try-A-Trade® and Technology activities, demonstrations on the Essential Skills Stage, Career Zone with over 70 exhibitors, and much more!

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INSIGHT

# What joining a union could do for your future

For any young person considering an apprenticeship or training program, joining a union should be a top priority. It will have tangible benefits for you throughout your career, and into retirement.

### Rates of pay

As much as anybody enjoys their job, getting paid is the major reason that millions of us turn up for work each morning.

Joining a union helps to ensure that you're getting fairly paid. On average, union wage rates are 22 percent higher than non-union rates.

"We negotiate collective agreements with employers that carry penalty clauses if they don't pay workers the proper rate," says Patrick J. Dillon, of the Provincial Building and Construction Trades Council of Ontario. "It means that workers get paid on time, too."

### Job security

Joining a union also gives workers an increased amount of job security on many different levels, explains Bob Blakely, of Canada's Building Trades Unions. "Construction industry employees work a job until it reaches completion, at which point unionized workers go back to the hiring hall and into the workforce pool, and get dispatched to another employer," he says. "So your job security comes from being on the out of work list, and when the next job comes up, you go straight to it."

### Training and development

The emphasis that unions place on training and development helps to ensure that every worker remains an asset. There are over 200 training centres within Canada's organized construction industry, all of which deliver specialist education and support to unionized workers.

"Unions are unmatched when it comes to delivering skills training," says Dillon. "That positively impacts your future in terms of how valuable you are to various employers within the industry."

### Pension and benefits

Blakely explains that a retirement pension plan has been bargained into the collective employment agreement by unions. "If a member works for a unionized employer, the employer will pay the money into the pension plan," says Blakely. "The office for your pension and health and welfare is at the union hall, so we're a one-stop-shop for that sort of stuff."

Pension and health benefits are not usually a top priority for young people who are completing an apprenticeship and looking forward to a career in the trades. Although, the reality is that anybody can fall sick or get injured and need emergency treatment at anytime, and without warning. "It's the role of the unions to negotiate with employers to ensure that workers and their families have the health benefits that they need," says Dillon.

This means that unionized workers are covered for medical and dental treatment, vision care, and prescriptions. Rather than being faced with hefty treatment bills, union members receive top quality care with reduced costs because of the large number of people who participate in the purchase of benefits.

All in all, there is plenty unions can do to improve your quality of work as well as your quality of life — it's just up to you to find the one that's best for you.

**TRAINING IS KEY**
**Unions offer training and development for people entering the trades with over 200 training centers in Canada.**
PHOTO: SKILLS COMPETENCES CANADA

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**JOE ROSENGARTON**
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DVD review

## Pompeii

**Director.** Paul W.S. Anderson

**Stars.** Kit Harington, Emily Browning, Kiefer Sutherland

●●●○○

Pompeii isn't the complete disaster you'd expect from Paul W.S. Anderson, who of course really wanted to make this movie. As a commercial director of infinite zeal for all things derivative, loud and messy, he would take to illustrating the big Roman bang of AD 79 like a zombie duck to a pool of blood. Actors — including in this case Kiefer Sutherland, Emily Browning and Games of Thrones' Kit Harington — can be such a nuisance when all you really want to do is light the fuse on a stack of dynamite. Yet it must be said that Pompeii doesn't completely suck, although it does blow, metaphorically speaking.

PETER HOWELL

Ebooks

## The Performing Arts in Canada: A Celebration

**By.** Governor General's Performing Arts Award

iBooks

●●●○○

MIND THE APP
Kris Abel
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Using timelines, short films, and acceptance speech clips to transform an awards ceremony into an interactive book is a fantastic idea. True, the Governor General's Awards are more prestigious than entertaining, lack video content for their older years, but they do highlight the best names in TV, film, dance, music, and theatre. Plus this collection has William Shatner hilariously speak-singing O Canada.

# How to train your regular Canadian boy

**Jay Baruchel.** Despite his success, writer and actor still feels out of place on a red carpet in Cannes — he's more comfortable in his PJs

Jay Baruchel is the voice of the young Viking Hiccup in How To Train Your Dragon 2. CONTRIBUTED

Cannes is awash in glamorous celebrities who peacock on the festival's red carpet and confidently parade through its multitudes. Jay Baruchel is not one of them. He may be the most uncomfortable person in Cannes. Baruchel readily acknowledges it's "a little intense" for his tastes, which are not exactly red-carpet ready: "I don't like wearing suits or nothin'," he says.

The 32-year-old Canadian actor was in Cannes for the premiere of How to Train Your Dragon 2, for which (as with the Oscar-nominated 2010 original), he voices the main character, Hiccup, a young Viking who befriends the dragons his tribe has long slayed. Baruchel, who broke out in the Judd Apatow TV series Undeclared, is best known for his comedies, including Knocked Up and last summer's This Is the End. The anti-Hollywood version of himself he played in that film has some truth to it. Baruchel, who speaks with a Québécois accent, lives in his native Montreal blocks from his family. "I wish I wasn't known for hating Los Angeles, because I spend a good deal of time there," he says.

**When you, your co-stars and a large model of the dragon from the film were chaotically mobbed on the Croisette in a promotional stunt Thursday, you probably wondered how this could be your life...**

The entire time. Exactly — "If my friends could see me now" type of thing. And what my life was two days ago: I look like a dirt bag more often than not. I'm in my pyjama pants 12 hours a day. The biggest thing I had to do two days ago was clean the litter boxes. And here I am on the Croisette and there's people getting elbowed in the head.

**You've now spent some seven years on Dragon, with a third film planned. What's that journey been like?**

You can spend your entire career and never be part of something that's half as an important as How to Train Your Dragon. We all knew it was a good movie, but I don't know if any of us expected to it be a global phenomenon.

**The hockey comedy you co-wrote, Goon, has a deserved cult following.**

In the States, it's a cult life. In Canada, it was a bona fide, massive hit. We were number 1 in Canada when we opened, and English-Canadian movies are never number 1 ... Our American distributors (Magnolia Pictures) dropped the ball a bit, unfortunately. Their model is all about VOD, which is fine, but the movie deserved a better life. But it's achieved one. Hopefully if we get to make number two — I was writing it in my room yesterday — we'll get to do it properly in the States.

THE ASSOCIATED PRESS

# Lucas '90s parody film gets re-release

A long time ago, in a galaxy without YouTube or Facebook, a group of young aspiring filmmakers wanted to release a short parody film.

The year was 1998 and friends Joe Nussbaum, Joseph Levy, Dan Shere and Tim Dowling were struggling to launch their careers. They noticed that other wannabe directors were making names for themselves by creating short mash-up movies, like Swing Blade and Feeding Las Vegas.

And so George Lucas in Love was born — a nine-minute parody of Shakespeare in Love that focuses on a young George Lucas (Martin Hynes) struggling to write a screenplay. He winds up finding inspiration in some familiar characters, including a stoner roommate obsessed with a "cosmic force," and an attractive young lady with a distinctive bun hairstyle.

Without many of the tools available to young filmmakers today, the four friends produced the film in two months and sent some 300 VHS tapes to studio executives in May 1999. It went on to win praise from big-name directors — including Lucas himself — and to premiere at the Toronto International Film Festival later that year. Now, George Lucas in Love is celebrating its 15th anniversary and will be re-released in high definition on iTunes and select video on demand platforms on Tuesday.

THE CANADIAN PRESS

A scene from George Lucas in Love. CONTRIBUTED

# Maps to the Stars wows crowds at Cannes

**Wickedly funny.**
David Cronenberg's latest film lampoons Hollywood's narcissism

Maps to the Stars is David Cronenberg's nightmarish, hyper-real tale on vanity, greed and family dysfunction in Hollywood. But it may hit a raw nerve for some in the movie industry.

With an all-star cast, including Julianne Moore, John Cusack and Robert Pattinson, the biting tragicomedy that premiered at Cannes on Monday has critics guessing if it could produce, at long last, the veteran Canadian director's first Palme d'Or.

It's the story of Benjie Weiss, a troubled child-star brat and recovering drug addict, played with scene-stealing cruelty by Evan Bird. He's a relatively unknown 13-year-old who does not look dissimilar to a young(er) Justin Bieber.

The film explores the theme of incest. Literally, in the strange relationship Benjie develops with his disfigured sister Agatha, played by Mia Wasikowska; but also metaphorically: in this suffocating Cronenbergian vision of Tinseltown, every star in the movie constellation is linked together, inbred, and not even the darkest secret can remain hidden for long.

From left, actor John Cusack, actress Julianne Moore and director David Cronenberg pose for photographers at the 67th Cannes international film festival in Cannes, southern France, Monday, May 19, 2014. ALASTAIR GRANT/THE ASSOCIATED PRESS

Moore is brilliant as the hysterical Havana Segrand, a desperate 40-something actress who lives in the shadow of her forever-young Hollywood icon mother and sleeps with directors to stay in the game.

Carrie Fisher (daughter of icon Debbie Reynolds) plays herself in a cameo as Segrand's friend, while self-reflexive insider references to Scientology memberships boosting career fortune, Robert Downey Jr.'s drug-taking past, or actors manipulating their public image by going on Oprah crop up all over.

However, Moore dodged questions about this film mirroring nasty industry realities and wouldn't speak ill of Hollywood — despite her character's obvious message.

"I love the movie business. I'm not here to disparage it," she said.

Cronenberg added with a smirk: "There's nothing repulsive in the movie business. It's all fabulous."

Can it be that it's still taboo to speak publicly about the movie industry's dark side?

Only John Cusack, who plays a deranged self-help TV guru father, hinted that this neurosis-ridden, dysfunctional image of movie-making was an accurate portrayal.

"It was a very familiar ecosystem ... of fear and greed and desperation. And there are all sorts of people who function within that (in L.A.) — feed it, enable it, are predators there," he said.

But above all, this picture, a laugh-out-loud orgy of narcissism, is Cronenberg's funniest to date.

Moore steals the film in a brilliantly macabre scene in which her character jumps up and down in happiness on news that a lead actress's son has died tragically in a swimming pool, opening up a vacancy for her to replace the distraught actress as the film's lead.

It had audiences laughing hysterically out of shock, and was the funniest, if darkest, seen in Cannes so far.

THE ASSOCIATED PRESS

**Quoted**

**"It was a very familiar ecosystem ... of fear and greed and desperation. And there are all sorts of people who function within that (in L.A.) — feed it, enable it, are predators there."**

**John Cusack, actor**
on the world portrayed in David Cronenberg's Maps to the Stars


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# The Faint rise up from the dance floor

**Dead disco.** Back with a new album, Doom Abuse, the Faint find themselves drawn to a more rock 'n' roll sound

PAT HEALY
Metro World News in Boston

When the members of The Faint entered the studio again for the first time in almost seven years, they had no plan whatsoever for what they were going to record. The results were different from anything they had ever written before.

"It was kind of a surprising choice even from our perspective," says singer Todd Fink of the rock energy that pulsates through Doom Abuse.

The Faint were instrumental in progressing youth culture from the cynicism of grunge in the mid '90s to the exuberance of dance rock in the late '90s, so it wouldn't be obvious that a reunion effort would be so aggressive.

"The energy that was behind us getting back together was a more cathartic and chaotic expression," says Fink.

"Something that we could get up onstage and play as a band and really be a band, not just playing over some tracks, which is probably what we'll do next. But we had to get this out of our system."

Though the members of the band remained in touch during their hiatus (Fink's brother Clark plays drums), they never actually addressed the hiatus.

"We didn't really think about it or talk about it, whether we were going to get back together or if anyone was interested," says Fink. "There was no big announcement. We just didn't meet anymore. And then we left town."

The town in question is Omaha, Neb. and Fink says one of the reasons they split up and skipped town had to do with the economy.

"The real estate crash had something to do with it, because (my wife and I) were in a house that I loved. It was a power station that had been converted to this big room house," he says. "We saw on the news that economy was going to s— and real estate was in big trouble and it wasn't going to get better, so we thought, 'Let's pack our s— and put our house on the market' and we were out in California in just a couple weeks."

Before entering the studio again, the band reconvened to tour and play their seminal 2001 album, Danse Macabre, in its entirety, which makes it more surprising that what they came up with for Doom Abuse was so different from their definitive dance album.

"It seems like the world has too much dance music and pop music right now," says Fink. "I wanted to feel like we had done something different."

**Quoted**

**"It seems like the world has too much dance music and pop music right now. I wanted to feel like we had done something different."**

**Todd Fink, singer, The Faint**
on the harder tone of the new record

The Faint are back with Doom Abuse, their first album since 2008. BILL SITZMANN

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# Playing an addict helps keeps Falco clean

**Nurse Jackie.** Star and recovering alcoholic Edie says role 'reminds me, thank God, I'm not there. I'm not going through this.'

For Edie Falco, the stigma surrounding older actresses is nothing more than Hollywood folklore. In fact, the 50-year-old says life has never been sweeter.

"It continues to get better and more rewarding and fuller and more confident and all these things that I kind of never realized how much I had longed for until I had them," Falco said in a recent interview. "I feel like it's an ideal time to, I don't know, to be me."

After six seasons of playing mob wife Carmela on HBO's The Sopranos, Falco now plays Jackie Peyton, an ER nurse addicted to prescription drugs, on Showtime's Nurse Jackie. Season six finds Jackie in the throes of relapse.

"I was as heartbroken as everybody else that she took that pill at the end of the (last) season," she said. "I'm also grateful that we're portraying it (addiction) the way it really is, which is irrational and so often disappointing."

Falco, a recovering alcoholic with 20 years of sobriety, said portraying Jackie's downward spiral has been helpful to her recovery.

"If it's anything, it's therapeutic," she said. "Rather than making me want to (relapse) it makes me even more solidly planted. ... And also just reminds me, thank God, I'm not there. I'm not going through this. I'm not waking up the morning after anymore."

Falco, who has won four Emmys and two Golden Globes, said her main focus is on her children, Anderson, nine, and Macy, six.

And she said that with age and motherhood comes a sense of confidence that was missing during the heyday of The Sopranos.

"What I'm sure is that if I don't work forever, I'll be fine either way," she said. "I've kind of my whole life hoped to one day feel the way I do right now, which is that everything is going to be fine." THE ASSOCIATED PRESS

**Watch it**

- **Nurse Jackie airs Mondays** at 9 p.m. MT/8 p.m. PT on Movie Central (Western Canada) and Sundays at 9 p.m. ET on The Movie Network (Eastern Canada).

**Quoted**

**"I'm also grateful that we're portraying (addiction) the way it really is."**

Edie Falco, star of Nurse Jackie

After six seasons and three Emmy wins playing mob wife Carmela on HBO's The Sopranos, Edie Falco found her second wind of small-screen success with Showtime's Nurse Jackie. CHRIS PIZZELLO/INVISION

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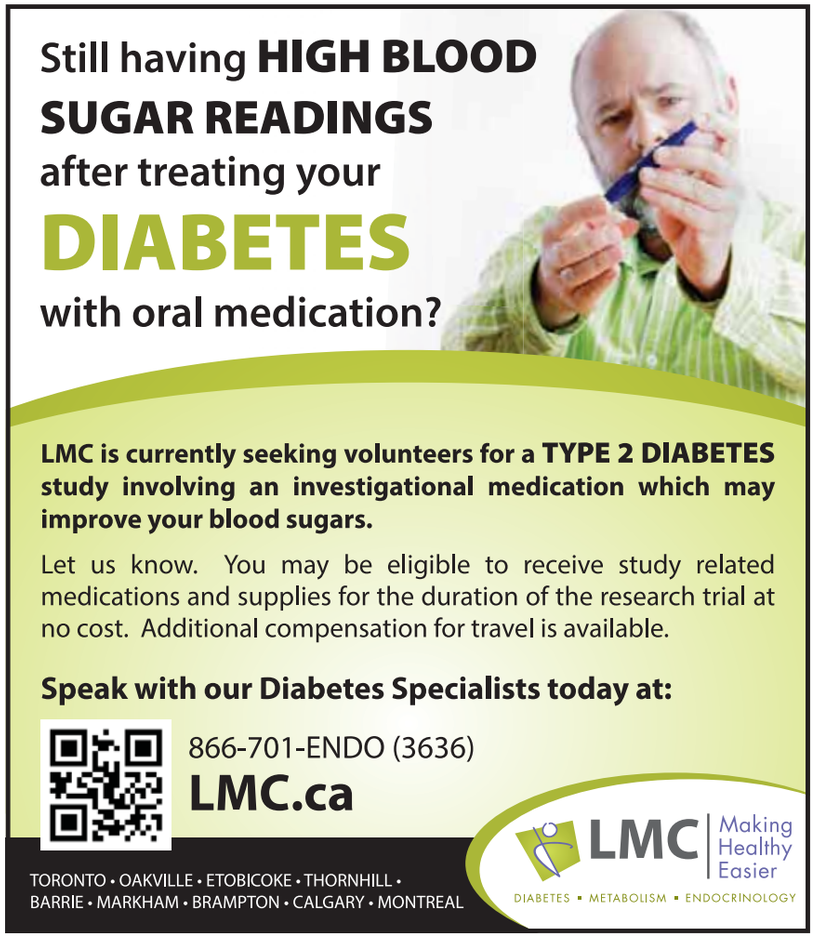
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Deryck Whibley ALL PHOTOS GETTY IMAGES

# Sum 41's Deryck Whibley hospitalized for alcohol abuse

Sum 41 singer and Avril Lavigne's ex-husband Deryck Whibley has been in the hospital for the past month due to his alcohol consumption, he reveals on his own website.

"My liver and kidneys collapsed on me. Needless to say it scared me straight. I finally realized I can't drink anymore. If I have one drink, the (doctors) say I will die," Whibley writes alongside photos of him in the hospital. "I was drinking hard every day. Until one night. I was sitting at home, poured myself another drink around midnight and was about to watch a movie when all of a sudden I didn't feel so good. I then collapsed to the ground unconscious. My fiancée got me rushed to the hospital where they put me into the intensive care unit."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**Pop goes the week**

## *Solange, Solange, will we ever know?*

STARGAZING
Malene Arpe
scene@metronews.ca

**Speculation has run rampant all week as to why Beyoncé's sister Solange would attack Jay Z in an elevator.** These are the most likely theories: 1) Solange was standing up for her sister against Jay Z, who is a cheating cheater; 2) Solange was drunk and Jay Z was the nearest target; 3) Illuminati; 4) Masons; 5) Satan; 6) Fight club; 7) Molecules; 8) Milan Lucic told her to.

**Ozzy Osbourne has had his application to convert a barn in his Buckinghamshire home denied because the barn is full of bats.** "Bet you didn't imagine the revenge would come via good, old-fashioned bureaucracy," said a bunch of bats.

**Kylie Jenner tattooed Lionel Richie's son and posed with a shirtless Jaden Smith.** "You're my new favourite," said Kris Jenner. "For now. Don't get complacent."

Heidi Klum

# For Heidi Klum, breakups can be expensive

Heidi Klum split from her bodyguard-boyfriend, Martin Kirsten, back in January after 18 months of dating, but sources say she didn't leave him empty-handed.

"Martin says Heidi treated him well so he would keep his mouth shut," a source says, explaining that it was Kirsten who reluctantly ended their relationship. "He was sick of being a househusband. He did everything for the children. He says Heidi is a lovely person, but he had to do what was right for him He's really sad."

But a hefty financial send-off from Klum apparently helped cheer him up. "Martin has been spending thousands of dollars on dinners, parties and clothes," says the source, adding that Klum also apparently bought Kirsten a house for his mother in South Africa.

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George Clooney directed, wrote, co-produced and starred in The Monuments Men. SONY PICTURES

# MONUMENTAL INSPIRATION

A Hollywood film about a heroic art rescue mission during the Second World War has a Toronto link because the American conservator the movie is based on worked at the Royal Ontario Museum before leading his platoon on a secret operation overseas.

The movie, The Monuments Men, stars George Clooney, whose character is inspired by George Stout, one of the leading 20th-century figures in the field of conservation. The Harvard professor's influential restoration techniques were brought to the ROM in the summer of 1933 when he worked on an important Chinese mural that still hangs in the museum today. Stout was later selected to assemble an expert team of conservators, curators and art historians that would risk their lives during the Second World War in an effort to save art and artifacts from Nazi hands.

The Monuments Men was released in theatres in February and is soon to be available in DVD/Blu-ray.

**Lt. George Stout, U.S. First Army and U.S. Twelfth Army Group.** WALKER HANCOCK COLLECTION

## *THE EUROPEAN WAR THEATRE*

Initially in the mission of the Monuments Men, George Stout was the only conservator and had to train the others — mainly art museum professionals — to properly document, pack, store and transport the recovered artworks in the European war theatre. In one instance, Stout had so few packing materials that he had to use Belgian lace to pad a valuable sculpture.


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The ROM's seven conservators are part of an exclusive profession with an estimated few hundred in existence across the country. They all watched the film with a unique and rarefied perspective, even cheering in one scene when Clooney dusts off a work of art.

"These are the types of things we get excited about," says Heidi Sobol, the ROM's senior conservator of paintings. "Our profession is rarely highlighted because there is so few of us proportionally in society. It's nice to see not only a movie about the types of things we do in our profession, but also referenced in such a monumental and noble pursuit. To have George Clooney play one of our most notable conservators was quite exhilarating."

Clooney directed, wrote and co-produced the movie, which is based on Robert M. Edsel's book The Monuments Men: Allied Heroes, Nazi Thieves and the Greatest Treasure Hunt in History.

Stout made his way to the ROM in the summer of 1933 after former ROM director Charles Trick Currelly asked him to work on The Paradise of Maitreya, a 13th-century wall painting that is still in the museum's Bishop White Gallery of Chinese Temple Art. The mural had arrived at the ROM from China in 1928 in pieces — 63 to be exact — thanks to monks who carved it out of China's Xinghua Si Temple wall in an attempt to protect it from invading armies in the village of Xiaoning in Shanxi province. The mural is about five metres by 11 metres and depicts the Buddha Maitreya giving a sermon in an imagined heaven.

SONY PICTURES

"He was very conscientious about restoring the mural in a way that would make it treatable again, which is one of basic tenets of conservation," Sobol says.

Known as a responsible conservator, Stout and his contemporaries advanced the field of conservation during the 1930s, '40s and '50s, helping build the profession's profile. Up until then the prevalence of scientific methodology in conservation had been limited and the profession was approached more as a craft that you learned through an apprenticeship. But Stout approached conservation from a more scientific point of view, emphasizing the analysis of the artwork as well as its documentation.

"Our field of restoration and conservation really took off in the mid part of the century and a lot of that is owing to George Stout and all his colleagues at Harvard and the Fogg Museum. They put out some very important publications we still reference today."

**Monuments Men George Stout, left, Walker Hancock, centre right, and Steven Kovalyak, right, during the excavation of Bernterode. The soldier standing between Stout and Hancock is Sgt. Travese.** WALKER HANCOCK COLLECTION

## *EDUCATIONAL PURPOSES*

From the ROM correspondence archives, George Stout alludes to the issue of Prohibition in the U.S. In advance of his trip to the ROM, he was assembling materials and supplies, including the solvent ethyl alcohol. This solvent is also known as ethanol, which is used to make alcoholic beverages. "In spite of our national prohibition on spirits, we are able to buy it at wholesale price for scientific and educational purposes," Stout wrote.

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# Bittersweet truth about sugar

You thought chocolate was your friend: it's always there for you when things get rough. But it could actually be the enemy in disguise. From weight gain to diabetes, a diet high in processed sugars is going to make you fat, old and ill. Anne Alexander, author of The Sugar Smart Diet, tells us why the sweetest things in life are making us sick.

**ROMINA MCGUINNESS** Metro World News in London

## It'll turn you into a moody cow

Overconsumption of sugar causes mood swings. "Every time you eat a sugary meal, your brain releases a feel-good hormone known as serotonin. So for about half an hour you're on a high (you may have noticed that you have more of a sweet tooth when you're feeling low). But right after that sugar rush comes a crash — and you feel worse," says Alexander. Instead, she recommends doing something that'll make you feel better without taking you through this up/down cycle, such as yoga, a quick walk or meditative breathing.

## It's being added to every thing

According to Alexander, Americans alone are eating an average of 130 pounds (59 kilograms) of sugar a year — that's 22 teaspoons a day. They're getting the bulk of it from processed foods, not naturally occurring sources, such as fruit or dairy.

"Most of the time sugar is the first, second or third added ingredient. It's hiding in your pasta sauce, your salad dressing — it's even in your 'skinny' soup," she tells Metro. Why? Companies use it in lieu of fat to make up for the lack of taste. Even so-called healthy foods are full of it: "Yogurt, for example, often contains the same amount of sugar as ice cream," she adds.

## Beware the spare tire

"Sugar per se isn't going to make you gain weight; eating too much of it on a daily basis will. The new research coming out on pure fructose is troubling. It stimulates your appetite, and causes you to gain weight really quickly via a process known as lipogenesis. We're not talking about the fructose you get from eating fruit. Many manufacturers have figured out a way to make super-concentrated fructose, which promotes hunger and speeds up the body's ability to make fat," explains Alexander. And as fructose causes globules of fat to be stored in your abdominal organs, that's how you end up with a flabby belly.

## It makes you look bad (and old)

A lifetime of sodas, cronuts and whatnot will accelerate age-related damage. "Sugar speeds up the breakdown of the protein fibres responsible for keeping the skin firm and elastic. Once these have been damaged, the skin takes on a more brittle, saggy appearance. This happens via a process known as 'glycation,' whereby sugar in your bloodstream attaches to proteins to form harmful new molecules called advanced glycation end products (AGEs). The more sugar you eat, the more AGEs are produced and as these build up, they damage the proteins nearby," Alexander tells us.

## It's making you ill

"People worry about cavities and putting on weight — but at no point do they think about the effect their diet is having on their actual health," says Alexander. "A diet high in processed sugars has been linked to obesity, diabetes and heart disease. It can drive up your cholesterol (which leads to high blood pressure), and cause excess insulin in the bloodstream, which in turn takes its toll on your arteries. It can also increase your risk of getting diabetes: a recent study found that for every extra 150 calories from sugar available per person each day, diabetes prevalence rises by 1.1 per cent."

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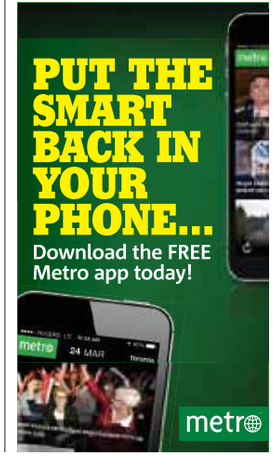


# Gulp-worthy post-workout drinks

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

What are the best post-workout beverages?

Water, of course, is a go-to.

And milk is just as hydrating. Plus, it increases muscle protein synthesis after strength and endurance training, according to research published in the Journal of the International Society of Sports Nutrition.

In the May issue of Best Health magazine, Canada's healthy lifestyle magazine for women, staffer Melissa Greer rounded up some post-workout drinks that hydrate surprisingly well.

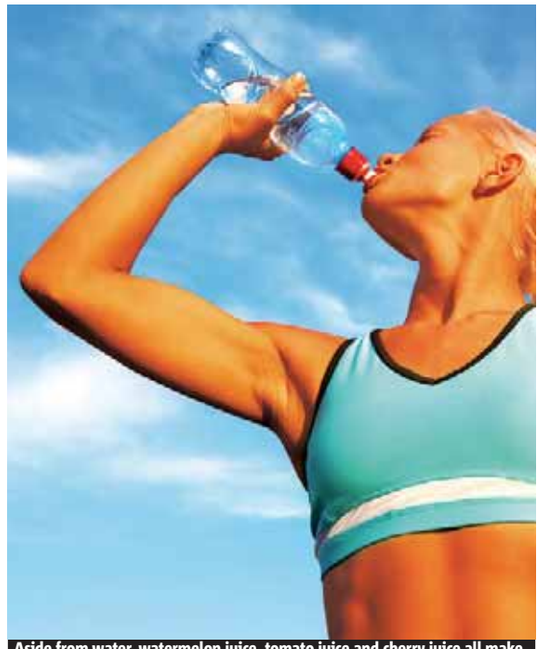
**Watermelon Juice**
Did you know that it helps ease post-workout muscle pain?

Research published in the Journal of Agricultural and Food Chemistry found that L-citrulline (watermelon is rich in this amino acid) helps reduce recovery heart rate and muscle soreness.

Look for watermelon juice in health food stores. But check that it's not just a watermelon-flavoured drink with lots of added sugar.

Better yet, make your own by throwing chunks of seeded watermelon into a blender; whirl, and strain out any pulp.

**Tomato Juice**
This is rich in lycopene — a natural antioxidant that protects cardiovascular health and helps reduce exercise-induced muscle damage. Add water if you find it too thick.



Aside from water, watermelon juice, tomato juice and cherry juice all make great post-workout drinks. ISTOCK

**Cherry Juice**
It can reduce exercise-induced muscle pain and damage, according to a study published in the British Journal of Sports Medicine.

As with watermelon juice, look for brands that don't have lots of added sugar, or choose cherry nectar and dilute with water as desired. And, of course, be sure to drink up before and during your workout, too.

Why not try a drop of peppermint oil in your water bottle?

Research published in the Journal of the International Society of Sports Nutrition found that consuming this essential oil for 10 days had a positive effect on blood pressure, exercise performance and breathing ability during a workout.

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Half-Off

Elisha tuned up her bicycle recently and in a salute to spring (and with a goal to ride to work regularly), she took it out for a quick spin. But would feeling out-of-shape keep her from taking it out again? Visit metronews.ca/voices/halfoff to find out.

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Health Solutions

## Calamari gets a sizzling makeover

NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Calamari is usually a deep-fried, restaurant appetizer but it is actually a quick cook, nourishing, low-fat protein.

Squid can be purchased in whole tubes, which are great for stuffing and baking. But make sure they are "cleaned," meaning the guts and inedible tooth are removed. This is one smelly, disgusting job.

A much easier option is to purchase squid frozen and already cut into rings.

A quick sauté in a hot pan or a fast grill is the best way to cook calamari. Flavouring comes later. Marinating only toughens the already rubbery texture, as does overcooking. Truly, you don't want to cook these for more than two to four minutes over very high heat.

Squid is a decent source of the all-important omega-3 fatty acid, but it is a really great non-meat source of B12, critical for energy production and battling the impact of stress.

The bottom line is simple: don't wait for a deep fryer to enjoy this seafood. Do it at home and be happier, smarter and healthier.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

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How much work goes into making the 1 teaspoon of honey? Theresa Albert finds out.

# Honey makes squid yummy

**Red Rice Bowl with Buttered Calamari.** The secret ingredient in this recipe is its dressing, which mixes sweet and savoury flavours

THERESA ALBERT
myfriendinfood.com

There is nothing simpler than a rice bowl topped with some crisp, green veggies and fish.

In fact, in much of the Asian world, this is a no-brainer staple and rice is kept in the rice cooker for just such a dish.

Even if you don't have the forethought to do the rice ahead, it only takes 30 minutes to cook this nourishing foundation.

This recipe uses red rice or brown basmati. Red rice is simply another variety of unhulled rice, but it does have the added benefit of cancer fighting phytochemical, anthocyanin.

**1.** Remove calamari rings from freezer and allow to slightly thaw on counter.

**2.** Add cold water and brown rice to a pot and bring to a boil. Turn down and allow to simmer for 20 minutes while you prepare dressing and calamari.

**3.** Mix ingredients for dressing: oil, vinegar, lemon or sumac, 1 clove garlic, mustard, honey and red pepper flakes. Set aside 2 tbsp to drizzle at the end.

**4.** Chop cucumber and cabbage and add to a large bowl. When rice is cooked, add to cabbage, cucumber and stir in all but 2 tbsp of dressing. Add sunflower seeds. Set aside.

**5.** In a large skillet, melt butter, add garlic and quickly stir in calamari. Toss on high heat for 2-5 minutes until rings are cooked through but not tough.

**6.** Top rice with calamari and drizzle remaining dressing.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

This recipe serves four. THERESA ALBERT

**Ingredients**

- 500 g calamari (rings)
- 2 3/4 cups water
- 1 1/2 cups brown rice (red rice or brown basmati)

**Dressing**

- 2 tbsp extra virgin olive oil
- 1/4 cup rice vinegar
- 1 tsp dried sumac or lemon peel
- 1 clove garlic, minced
- 2 tbsp grainy mustard
- 1 tsp honey
- pinch red pepper flakes
- 1 English cucumber
- 6 napa cabbage leaves
- 1 cup sunflower seeds, roasted
- 1 tbsp butter
- 1 clove garlic

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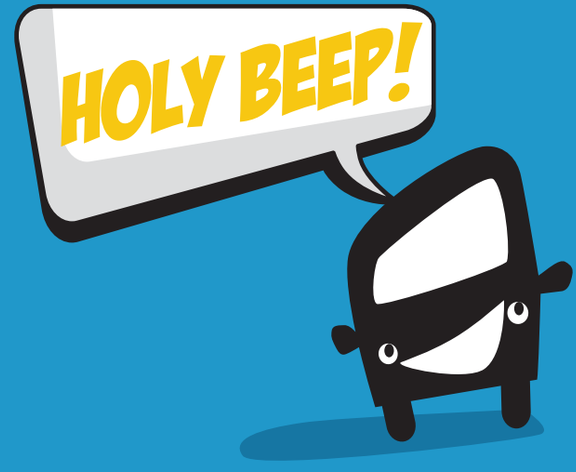


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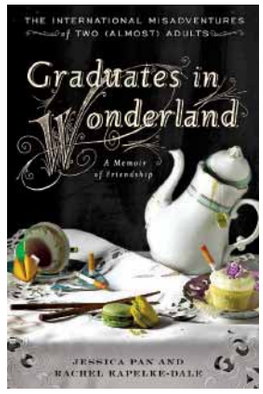
# Post-grad pact keeps BFFs afloat

**After-school activity.**
College friends write about joys of staying in touch after graduation

ANDREA PARK
Metro World News


THE INTERNATIONAL MISADVENTURES of TWO (ALMOST) ADULTS
Graduates in Wonderland
A Memoir of Friendship
JESSICA PAN AND RACHEL KAPELKE-DALE

Co-authors Rachel Kapelke-Dale, left, and Jessica Pan. IAN COOK

Even the closest of college friends can drift apart after graduation, but Jessica Pan and Rachel Kapelke-Dale were determined not to let this happen. The two friends made a pact to email each other every week after they graduated from Brown University, even though Jessica was moving to Beijing and Rachel was moving to New York.

Seven years after graduation, the two friends are as close as ever, and have pared down the most heartbreaking and hilarious emails that recounted their 20s in the new book Graduates in Wonderland. We talked to the authors about their formerly long-distance relationship and correspondence.

**Rachel, you talk a lot about feeling miserable and lost right out of college once you moved to New York City. I found that a lot of my friends felt the same way after we graduated. Do you think it's more common than it seems?**
**Kapelke-Dale:** I think it's something that a lot of people go through when they move to New York, but they don't want to talk about it because it's such a great city that everyone dreams about ending up in. I did feel that Jess was one person I could talk to about my dreams not always matching the reality, and how I was still working on getting there.
**Jess, do you think you were better off moving to Beijing and forgoing the conventional route?**
**Pan:** I think I went to Beijing because I wanted an adventure, and it's easier to do different things there. You meet different kinds of people and connect really strongly to people that, if you met them in New York, you might not make that connection with them. I worked at a magazine, and I felt like it would have been harder for me to do that in New York. There were more opportunities because I was in a different place.
**Tell me more about your pact.**
**Pan:** We both had talked about this before graduation, about how we heard from our mothers that they had really great college friendships, but those friendships faded away in time because they hadn't kept in touch. We said, "We can't let this happen to us," and I was going to Beijing and she was going to New York. We said, "We have to stay close by really living what's going on in our lives instead of summaries every six months." We also felt like there was no point in keeping in touch if we weren't going to be honest: If you're not saying how down you feel or how terrible the sex was, who can you tell? The more honest we were, the less lonely we were.
**Did you feel you were able to grow together even though you were so far apart?**
**Pan:** Yeah, I do think we did. I'm an impulsive, sort of crazy person, and it's really good to have someone tell you when you're being too crazy. We went through the things every young woman goes through: Looking for the right career and going through heartbreak, etc., and I do think we grew together.
**Kapelke-Dale:** The importance of emailing once a week versus every six months is that you're giving advice and asking for advice and talking about adventures and humiliation, so you are actually experiencing them together.
**Was it hard to go back through your emails?**
**Kapelke-Dale:** It could be hard, but I think more than that it was emotionally interesting to get put back into those moments — "Wow, that was really hard" — or when you're looking at emails about some guy you haven't thought about in five years and you think, "Oh my God, I'm in love with him again."
**And now you both live in London?**
**Pan:** We live, like, five blocks away from each other and we see each other at least every week and probably every other day. When you're in your 20s and live in another city, it's such a gift to find out one of your best college friends lives there, too.
**It must be nice.**
**Kapelke-Dale:** We saw each other twice in five years, so to be together again — we were like, wow, this feels just like college. We still felt as close as we did back then, if not closer.

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# T.O. trio cracks U.S. music video market

**The Young Astronauts.** Ryerson graduates find road to success by going where work is needed

TAKARA SMALL
Metro News in Toronto
@takarasmall

Director Alyssa Pankiw, centre, on the set of a short film to accompany Janelle Monáe's song Heroes. The two-day shoot, which took place in Toronto, saw children in homemade costumes push back against school bullies. CONTRIBUTED

What do Janelle Monáe, Arianna Grande and Cody Simpson have in common? They've all had music videos created for them by a Canadian company you've probably never heard of — The Young Astronauts.

Ryerson University graduates Tyler Savery, 27, Nev Todorović, 26, and Alyssa Pankiw, 26, are the trio behind the interactive and digital media company, and they've accomplished what some may have once thought was impossible: They've broken into the lucrative U.S. music market behind the camera, instead of in front of it.

The team still have an office in Toronto, but often commute to the U.S. They've had an impact there while remaining virtually unknown in Canada, an interesting if somewhat confusing feat that hasn't been lost on Todorović.

"It's definitely, like, an interesting experience seeing huge publications (like Rolling Stone magazine) writing about your work and then being at home and not seeing the same thing," she says. "(But) it's pushed us to create great new content to make Toronto proud."

What does it take to get to the level of success The Young Astronauts have experienced in such a short time?

Savery says their ascent up the music-business food chain hasn't been as easy as it probably looks from the outside, but it has taught them a valuable lesson: Go where there's a need for your service, even if it's outside of your comfort zone. That's what pushed them to seek out business in the U.S. when their company stalled in Canada.

"Patience is also very important," he emphasizes. "When we started doing this six years ago, we thought in three years we would be famous, but it does take a while to amp up your skills. And on a more entrepreneurial side, we've all had many opportunities to leave. It's easy to take that well-paid salary somewhere else and be comfortable instead of scraping by."

Pankiw agrees the road to success isn't always easy, but that pushed her to continue working. The music-video director is among only a handful of women making a mark behind the camera — she says only five per cent of working directors are women — but doesn't let that dissuade her.

"Technically, I'm an anomaly when it comes to our industry," she says. "I feel like I'm really lucky and do what I love, but with that feeling of gratitude we shouldn't feel lucky to do this. We should just be able to do it."

The Young Astronauts landed their biggest get to date when they directed a short film for Janelle Monáe's anti-bullying song Heroes.

The short is one of several included on the 11-song album Beats of the Beautiful Game from Pepsi, which will be available in time for next month's World Cup. Directors Spike Lee, Idris Elba, Diego Luna and more also contributed shorts, but The Young Astronauts are the only Canadians on the list.

The song held a special place for the company co-founders, who underwent their own share of experience at the hands of childhood bullies.

When asked for their anti-bullying advice, Savery says, "Just keep pushing. If people don't love what you're doing, then keep working, you'll find a group of people like yourself."

"Look for like-minded people that do accept you for who you are," says Pankiw.

"You look back at your childhood and that gave me the thick skin to allow me to be in an industry where there are a lot of rejections."

Todorović says her advice on dealing with bullies is also helpful as a small business strategy. "Use it as a motivation and not care about those people, that type of behaviour. If you're a weirdo, keep being a weirdo."

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# Canadiens look lost with Price on ice

**NHL playoffs.** With top goalie and 'best player' out for series Montreal falls into 2-0 hole in Conference final

Dustin Tokarski lets in a first-period goal by Rangers forward Rick Nash on Monday night at the Bell Centre in Montreal. RYAN REMIORZ/THE CANADIAN PRESS

Without Carey Price, the run for a first Stanley Cup in 21 years got steeper and longer for the Montreal Canadiens.

Coach Michel Therrien looked grim and angry as he delivered the news Monday morning that the goaltender who backstopped Canada to gold at the Sochi Olympics will miss the rest of the NHL Eastern Conference final.

And that was before the Canadiens lost 3-1 to the Rangers to fall into a 2-0 hole in the series.

Therrien gave no details of the injury, a suspected right knee problem, but suggested Price would be back if the Habs can get past New York and reach the Stanley Cup final.

"Carey Price won't be able to play, not only for tonight but for the rest of the series," said Therrien. "Really disappointed. He's our best player.

"We need to rally around Carey. We need to give him a chance to play again this season."

According to Bodog, those words had betting money flying off the Canadiens' bandwagon and onto New York's as Montreal looked past backup Peter Budaj and went with third stringer Dustin Tokarski in goal on Monday night.

**Game 2**

| Rangers | Canadiens |
|---|---|
| 3 | 1 |

Tokarski had never played an NHL playoff game, but the 24-year-old has excelled at every level, winning a Memorial Cup with Spokane in 2008, a world junior championship with Canada in 2009 and an AHL title with Norfolk in 2012.

Price clutched his right knee when Rangers forward Chris Kreider crashed into him skates-first at 3:15 of the second period of New York's shock 7-2 win in the series opener on Saturday afternoon.

The Canadiens goaltender got up and finished the period, but didn't look comfortable as he allowed two goals in the final 1:01. He was replaced in the third by Budaj, who allowed three goals on eight shots.

After the game, Therrien said he took Price out not because of an injury but because there was no use leaving him in with the team playing poorly.

THE CANADIAN PRESS

NHL

## Blues re-sign Elliott, part with Ryan Miller

The St. Louis Blues have re-signed goalie Brian Elliott to a three-year contract and will not pursue a new deal with Ryan Miller.

General manager Doug Armstrong said Monday the team took a calculated risk acquiring Miller from Buffalo, hoping he could lead the franchise to its first Stanley Cup. But the Blues were eliminated in the first round of the playoffs.

THE ASSOCIATED PRESS

NBA

## League charges Sterling, sets up June 3 hearing

The NBA charged Donald Sterling on Monday with damaging the league and its teams with his racist comments, setting up a June 3 hearing after which owners could vote to terminate his ownership of the Los Angeles Clippers.

The league also said the banned owner has engaged in other conduct that has impaired its relationship with fans and merchandising partners.

Sterling was banned for life and fined $2.5 million by commissioner Adam Silver after the release of a recording in which he made racist remarks. He has until May 27 to respond to the charge, and the right to appear at the hearing and make a presentation.

THE ASSOCIATED PRESS

# Lawrie batting like a rookie — and that's a good thing

When a 21-year-old Brett Lawrie crashed upon the big leagues in August 2011 and hit nine home runs in his first 150 at-bats, Blue Jays fans dreamed of what he could do over a full season.

But as it is for so many young players, Lawrie's development path has not been a steady ascent. After averaging a home run every 19 plate appearances in 2011, Lawrie's power seemed sapped in 2012 and 2013, when he struggled with his approach at the plate and his home-run rate shrunk by more than half as he averaged just one homer in every 44.5 plate appearances.

Brett Lawrie
GETTY IMAGES

After getting off to a slow start to this season, Lawrie now has seven homers in his last 30 games and is back to slugging at his 2011 rate.

But when asked last week what he's doing differently, Lawrie said he's "just going up there looking to do damage and trying to help the boys."

Jays hitting coach Kevin Seitzer went a little deeper.

"He's getting himself in a good position consistently and not over-swinging, using his hands, not trying to do too much and really staying in the middle of the field," Seitzer said. "When you do those things you got a chance to have the hand speed that you need and the timing that you need in order to drive the ball — and he's got tremendous power."

As the saying goes, baseball is a game of adjustments, and Seitzer said it takes time for young players to figure that out.

"It takes a while in order to learn the process of what you need to do consistently in order to beat somebody," he said.

TORSTAR NEWS SERVICE

## In Pontiac, a clunker rusts

The 80,000-seat Silverdome in Pontiac, Mich., hosted the Super Bowl, the NBA Finals, the World Cup, Wrestlemania, a papal visit and concerts by Elvis Presley, Led Zeppelin and the Rolling Stones. Nowadays, the venue is a shell of its former self with its roof in tatters and its innards dark and mould-covered. The current owner's determined to cash in, putting everything inside up for auction starting on Wednesday. CARLOS OSORIO/THE ASSOCIATED PRESS

Scan the image with your Metro News app to see more images of the ghost stadium in Michigan.

# James to bring the Heat, up the pace

**Star power.**
Heat counting on LeBron to redeem Game 1 defeat to Indiana Pacers

LeBron James GETTY IMAGES

LeBron James is ready to help the Miami Heat get even against the Indiana Pacers.

After spending Sunday night and Monday morning sifting through Sunday's Game 1 loss, the Heat are ready to start over in Game 2 on Tuesday night.

The changes start with James.

"My approach is the same every game, try to put pressure on the defence, try to get to the free-throw line to help us win," James said. "I got to the rim, I got my shots going, but I've got to do a little more, too."

While Heat coach Erik Spoelstra acknowledged the tape was every bit as bad as it looked in person, he didn't drop any hints about what might change.

To the Pacers, that means one thing: Expect James to do even more than he usually does. Nobody understands that better than Paul George.

Over the past two years, these teams have met 15 times, with George usually drawing the seemingly impossible task of defending James.

"He (James) will shoulder everything. I think he's going to be much more aggressive with the ball," George said.

"I think he's going to be looking to make more plays, looking to shoot more shots and really looking to get guys going. It's going to be a tough night for me, but that's part of the league."

Miami has a lot to work on. In Game 1, the Heat made just 6 of 23 3-pointers, allowed the Pacers to shoot 51.5 per cent from the field, grabbed just four offensive rebounds and sent the Pacers to the free-throw line 37 times.

The Heat were so bad, they never led and never even had a chance to tie the score after the first 40 seconds.

Obviously, James wants to make sure there's no repeat Tuesday night.

"We cleaned a lot of things up today and we're ready for tomorrow," James said. "You just go in with the mindset that it's a must-win and we go at it tomorrow."

THE ASSOCIATED PRESS

NBA

## Today's draft lottery a biggie for suspected tankers

Andrew Wiggins GETTY IMAGES

They lost often, 67 times in all for the Milwaukee Bucks.

Sometimes they lost always, such as 26 straight times for the Philadelphia 76ers.

Now the NBA's biggest losers have a chance for a huge win.

The draft lottery is Tuesday, a night some teams appeared to be aiming toward for months during a season that featured plenty of talking about tanking.

The winner gets the No. 1 pick in next month's draft, when Thornhill's Andrew Wiggins or Jabari Parker might make this season's misery worth it.

After a forgettable draft in 2013, this one is considered much more promising, good enough that some teams which knew they weren't going to win decided they would be better off if they lost.

"They're saying this is going to be one of the toughest draft classes since 2003," Indiana University star Noah Vonleh said.

That class produced LeBron James, Dwyane Wade, Chris Bosh and Carmelo Anthony, so if this draft really is that good, it's hard to blame any teams for trying to get to the top of it.

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## Horoscopes

### ♈ Aries
**March 21 - April 20**
Don't worry if you find it hard to put your feelings into words – your body language will tell partners and loved ones all they need to know.

### ♉ Taurus
**April 21 - May 21**
Why are you so determined to take a negative view of everything that happens? The planets warn in no uncertain fashion that if you think bad thoughts then bad things are more likely to happen.

### ♊ Gemini
**May 22 - June 21**
You may have to postpone something you were looking forward to today, but come the end of the week you will look back and be glad you were forced to change the timing.

### ♋ Cancer
**June 22 - July 23**
You don't have to be number one all of the time, even though as a cardinal sign you are used to being a leader. If you want to get ahead this week you must compromise.

### ♌ Leo
**July 24 - Aug. 23**
You don't have to commit yourself to something if it doesn't feel right. Others may try to make you feel guilty about leaving them in the lurch but it is your own needs that take precedence.

### ♍ Virgo
**Aug. 24 - Sept. 23**
It may seem as if a dream is not going to come true but more likely the planets are making you wait a bit so that when the things you desire eventually come your way you will appreciate them more.

### ♎ Libra
**Sept. 24 - Oct. 23**
You should know by now that change is the only constant in life and the really good news is that the changes coming your way over the next few days will delight you.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
You'll be a bit touchy as the new week begins, perhaps due to a vague fear that a work colleague is plotting against you. Most likely there is no truth in it at all.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
It's good that you support some kind of cause but don't fall into the trap of believing that it's OK to use underhand methods to further your aims.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
There is no point arguing with people in positions of power, especially now that Mars, planet of ambition, is resuming its normal direction.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
It may seem as if your rivals are being favoured while you are being ignored but even if that is true why should it worry you? Since when have you been the sort who needs other people to help you?

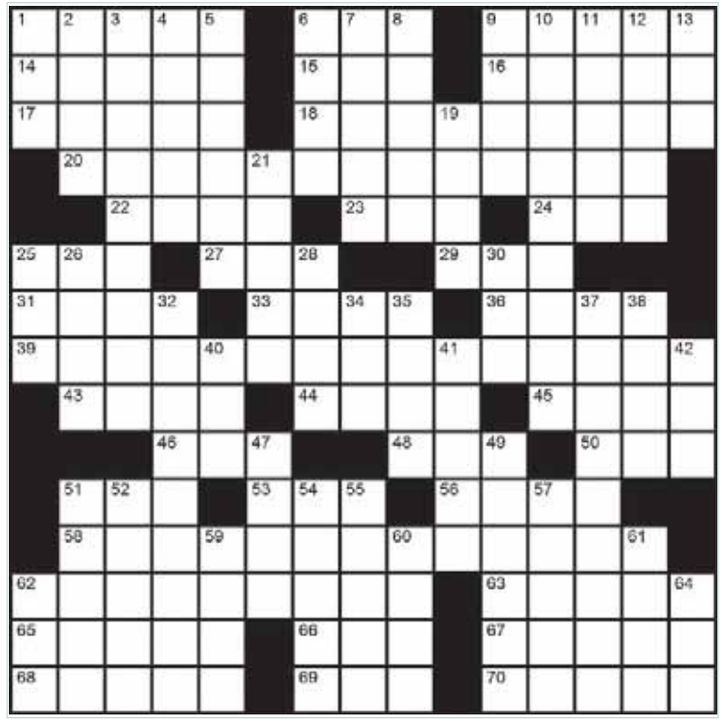
### ♓ Pisces
**Feb. 20 - March 20**
You may have every right to get angry with someone who has let you down but you will make a better impression if you forgive and forget and act as if nothing important has occurred. In the greater scheme of things, it's no big deal.

SALLY BROMPTON

## Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



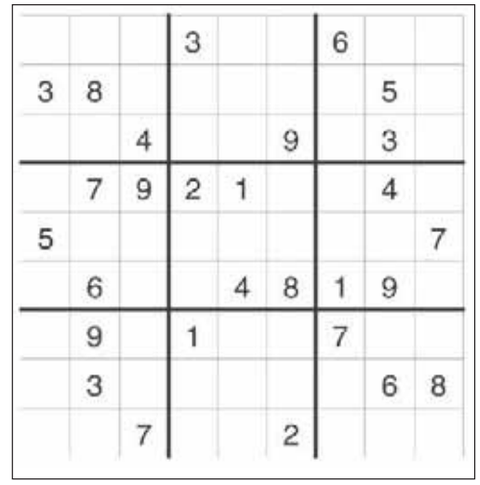
**Across**
1. The __. ("Cherish" '60s band, briefly)
6. Sports: Patriots' gr.
9. Actor Mr. Griffin
14. Bing Crosby's "__-__-Loo-Ra-Loo-Ral"
15. Philosopher, __-tzu
16. Hokey
17. Heroism [var. sp.]
18. Swiss __ __
20. Stevie Wonder hit that goes "Call up, ring once, hang up the phone...": 2 wds.
22. Katy Perry hit
23. Freelancer's encl.
24. "Cold Mountain" (2003) role
25. Hawaiian fish
27. Fleur-de-quoi?
29. QC city
31. Tart
33. Three-__ sloth
36. Belonging to an '80s TV alien
39. Servings from Mommy's kitchen: 3 wds.
43. Letters beside GHJKL
44. "Finding __" (2003)
45. 2010 Ringo Starr album: '_ __'
46. Radio setting [abbr.]
48. Gremlin
50. Flames, on scoreboards
51. Whale sort
53. Muesli tidbit
56. Carefree
58. Thousands of American resistors of the Vietnam War settled in Nelson, BC in order to?: 3 wds.
62. New York's famed artsy school
63. High nest, variantly
65. Play part, __ _ _
66. Mr. Chaney
67. "I __ _ break!"
68. 2003 to 2004 sitcom, "Oliver __"
69. Singer Salonga
70. Wooden

**Down**
1. Four-wheeler, e.g.
2. Cleanser
3. Glassy/sunny extensions
4. Storm aka __ Munroe, Halle Berry's role in "X-Men: Days of Future Past" (2014)
5. Felix __, Canadian electronica producer
6. Jai __
7. Barn locales
8. Cage the Elephant's "__ _ Little Closer"
9. Designer, Marc __
10. Toronto's DVP = __ __ Parkway
11. __ fruit
12. Prefix with 'red'
13. Behold
19. Space: Primordial matter
21. "____ calm down." (Breeeathe)
25. Strong wood
26. Q. "Is '__' _ sound owls make?" A. "Indeed."
28. Shortly
30. Cap
32. Canadian movie for Samuel L. Jackson, "The __ __" (1998)
34. Barely get by
35. Ms. Moore
37. Footloose's friend
38. Plod wearily along
40. Money exec
41. Like some sports stadiums
42. Pen
47. CCR tune
49. "The __ Trap" (1998)
51. Certain condiment
52. Internet-sent invitation
54. Beatles' "Any Time __ __"
55. Pang
57. British singer Leo
59. Nastase of tennis
60. Dame Everage link
61. Neap __
62. Critical comment
64. 'Euclid' suffix

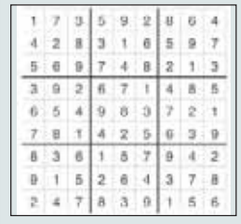
## Friday's Crossword

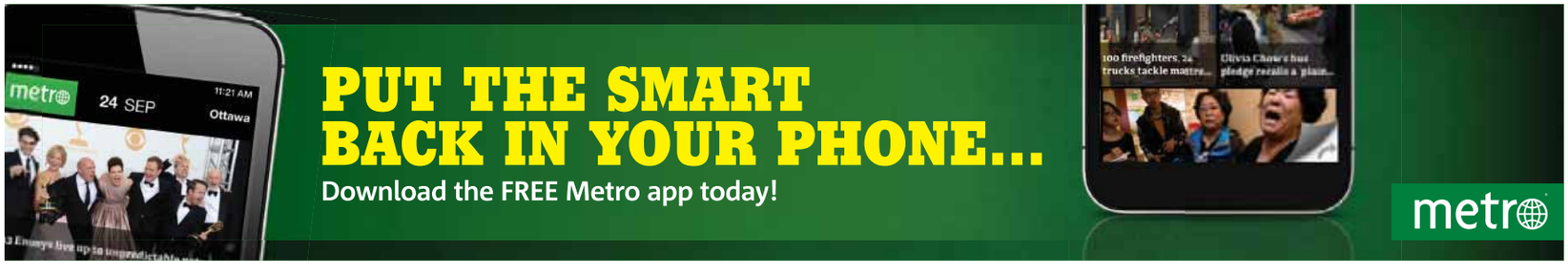
## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



### Friday's Sudoku





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